



Fanling Lutheran  
Secondary School

PRIDE  
in our  
Words  
2016



## *Forward and Acknowledgement*

Pride in Our Words provides an excellent platform for brilliant writers in FLSS to showcase their masterpieces. All the writers who have contributed their writings to the publication showed strong commitment in learning and using English. To them, the greatest pleasure of writing is not only what it is about, but is also about the inner music the words make. However, writing is never an easy task, not to mention writing by second language learners.

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Finally, we would like to proudly present this year's Pride in Our Words to all of you. We hope that you will enjoy every single word these young talents have created.

Enjoy!

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# Writing Competition



## **Champion – Cheung Chun Long 1B**

### **Friends**

My friend, please tell me,  
Where I should go tomorrow?  
Without you, my life is empty.

When I'm hurt, I become like glacier,  
I wonder how come you can laugh,  
even though I am only able to look at your back.

If the Sun burns down now,  
I'll hold you right  
as the Sun would cool down.

As I'm sad, you're always there,  
within these defenseless feelings,  
what I see is something irreplaceable,  
that I thought to be lies.

I believe I am an idiot when I think about you.  
I want to know what I should be,  
because the words might not be the truth.

I'm taking everything easy and kept quiet,  
but I'm sorry, did I hurt you?  
I wonder if it's fine if I could stay by your side after all.

As I meet you,  
I can taste the sweet of friendships,  
with the bitterness of reality.

If I could meet you today,  
I wouldn't return to yesterday anymore.



## **1<sup>st</sup> Runner Up – Chan Cheuk Wing, Trany 1A**

### **She is my star**

Friends are important in our life. They will help you, comfort you and change your life. If you ask me who my friend for my life is, I will say that is she. In fact, she was my primary school classmate. She is of medium height and slender. I think she is energetic and full of beans!

I remember when I was 9 years old, she told me to try windsurfing because she knew I was very timid. Finally, under her encouragement, I tried to play windsurfing which is an exciting activity. She taught me how to control the sail and the safety rules of windsurfing patiently.

When we were enjoying the time, suddenly, a wave hit us. Unfortunately, we fell down in the sea, I was scared. At that moment, I thought I would die in the sea! Nobody would save me. Fortunately, she had some experience, so she tried to pull the skateboard to me, and she said, 'I can't leave you! You are my friend!' I was touched. Later, she helped me to reach the shore to take a rest.

I believe you would wonder why she risked her life to save me. Anyway, her courage touched me a lot. She is my star-----Jessie.



## **2<sup>nd</sup> Runner Up – Lo Man Ying 1D**

### **Jessica**

Jessica is my best friend. She is my neighbour. Even if we are not blood related, I treat her as my sister. When school dismisses, we do our homework and play together. When I am sometimes bullied by some of my classmates at school, I will tell her about it. She always helps me solve my problems. No matter what happens, we always give each other some good advice. We are inseparable.

We sometimes fight because there is something that we do not agree on, but I still treat her as my sister. She is sincere. We never disclose each other's secrets. We always trust each other. I think I am a very lucky person because it is hard to find a good friend that never discloses your secrets, and always forgives you no matter what you have done. Jessica is that kind of good friend so I don't want to lose her because of a small misunderstanding.

She has gone overseas to study now. She is always in my heart. She has changed my life in so many different ways. I really want to say thank you to Jessica. She is my only best friend.



## **Champion – 2C Lau Hoi Ching, Aiko**

### **A friend for life**

Friends are necessary for everyone. The song "A true, true friend" is really touching and its lyrics have brought me immense happiness.

"A true, true friend helps a friend in need. A friend will be there to help them see" This sentence is very true and touching for me because my friends always help me at the time when I get trouble and feel upset. They will then help me find my smile again. Anytime I need help, they never leave me alone!

"Would you try, give it a chance. You might find that you'll start to understand" These lines make me think about my BFF. (Best Friend Forever) She knows me well, cares about me and understands what I am thinking about. Whenever I get trouble and feel angry and upset, she will try her best to understand and comfort me.

Besides, I want to talk about my best friend or maybe I should say she is my "baby". I have stayed and played with her for 13 years already! She is the most important person in my life! Even when we get married, we still promise we are the most important person in our whole life! When I get married, I also need her to stay with me because she is really important to me or I should say she is "indispensable" to me!

If I did not have my best friends for life, I think I will be very lonely because friends are really important to anyone. Let's think! When you are unhappy, who will support you? Maybe you will say you have family. But sometimes you just want to laugh crazily with your buddies. In your life, I believe that your friend will laugh out loud with you!

Anyway, I am lucky to have a lot of friends who stay with me and laugh out loud with me!



## **1<sup>st</sup> Runner Up – Chiu Tsz Tung, Kelly**

### **A Friend for Life (Song Lyrics)**

Maybe I know, Maybe it's right  
Maybe he will catch me when I'm falling  
Something is blue, something is great  
When you here and I will stay

[Chorus]

Good Good friend are hard to find  
But I'm Lucky with you, You're my best friend  
A friend for life are real and shine  
Because of you and here I'll stay  
La...la...la...la...

When you are blue, when you are tough





## **2<sup>nd</sup> Runner Up – Lai Jing Young, Kiran**

### **A friend for life**

I have a friend for life  
Together we can survive  
The strongest storm  
The scariest night

His name is Kiran  
The same name as mine  
Just like his name  
He's the sunshine of my life

When I'm in trouble  
He always comes and helps me  
He never gives up  
Even it may be the hardest task

Together we've been through a lot  
We've been on top of the world  
Watching the brightest sunrise  
And the most beautiful sunset

World changes, but one thing doesn't  
That is the friendship between us  
My sun never sets  
He's my friend for life



## **Champion – Ma Man Hei, Roxanne 3D**

### **A friend for life**

Today is a rainy day. I did not need to go to work. Mum said that I should clean my room because Chinese New Year was coming so I decided to clean my room today. I found a box under my table. I opened it and I saw a photo. It was taken by me and my friend, Anthony.

I remember that summer before I attended HKCEE. I studied in a library. After 2 hours, I felt thirsty, so I stood up and walked out to buy a bottle of water. After buying the water, I did revision again. Suddenly I discovered that there was a piece of tissue paper with some words on it. "Be strong. By Anthony." I looked around the library, there were only me and Anthony there. So I smiled to Anthony, and he smiled to me also.

Times flies like an arrow. The HKCEE result was announced. I went to CUHK to take medical studies. I went to register by myself and I saw a boy who was standing in front of me. It was Anthony! The boy who gave me a tissue paper with some encouraging words! He saw me, and said "hello" to me. The world was small. We became friends after the term began. Yes, he took medical in CUHK too! We always had lunch together and talked to each other. Once, I felt depressed because my first rabbit Tomato died. He stayed with me at that difficult moment. Every time I wanted to cry, or I wanted to find someone to talk with, he was always there. We became best friends. I loved him, and he loved me also.

But now, we don't have any chance to encourage each other, to talk and have lunch together. He died in a serious car crash. No one knows why he died so young! He was a good doctor, and a good listener. Why was God so mean to Anthony? When we were attending HKCEE, we encouraged each other. A real friend will always be there for you. Anthony did. A real friend will tell you your face is dirty. When we were having lunch, Anthony would tell me my face was dirty and teased me. So Anthony did, and he was a real friend.

Back to reality. The tissue paper he gave me is wet except the encouraging words because of my tears. I believe I will meet Anthony in the heaven someday.

Miss you Anthony. Thank you for everything you did for me.



## **1<sup>st</sup> Runner Up – Sung Kay Yu, Sherry**

### **A friend for life**

As the saying goes, 'friends are sunshine of life.' If you ask me to choose a friend for my whole life, I would like to choose books.

Why don't I choose a real friend? That is because choosing a forever friend may be premature to say, as we never know what the future will be and we never know which friends will accompany us till the end. But at least we can choose our favorite books to read.

It is universally acknowledged that books are indispensable to us. For all of us, without books, we are just like a blind person. We must find the right way from books, and it can lead you to the right way just like a friend. For example, it teaches you how to be a good man, and it teaches the scientific knowledge to people and that's why the doctor knows how to rescue the patients, don't they?

From my personal experience, books bring me happiness. They can reduce my boredom when I'm travelling or having holidays, etc. I remember I've read a book called 'Anne of Green Gables'. The main character is called Anne. She is a lovely little girl, she's an orphan but she could face everything with an optimistic attitude. So this makes me so glad to keep reading it.

Books can always be with me, but friends may be not. 'There is no never-ending feast.' We can separate with friends in many situations, just like: workdays. But the only 'friend' who can always be with me is books. We can gain knowledge as well as entertainment. They can be seen any time, so that's why I regard books as my friend.

'Good' books are often the best companion of our life. The best books are treasures of good words, golden thoughts which are remembered and cherished. So that's why books can become our constant companions and comforters.

To conclude, I want to use the well-known saying, 'Books are the ladder of human progress.' We can't progress without books, so I will continue to enrich myself by reading books.



### **A friend for life**

When I was young, I asked my mom, “What is friendship?” And she answered “Friendship is a relationship of mutual affection between two people.” At that time, I didn’t get it. I didn’t know what she wanted to express. But when I grew up, I began to realize what she said.

You know in our life, we met lots of people and we also had lots of friends. My best friend is Tom, he is a frisky and zippy dog. Unfortunately, he died when I was 12 years old. You know he is a fluffy, loyal and submissive dog. I really love him.

When I met him at first time, he was a poor adopted dog. So I decided to raise him. Dogs are not like human beings, they cannot say anything. When they do something wrong, I don’t know how to teach them. So, sometimes, I got mad at Tom. When I went out for a walk with him, he always fought with other dogs. But when he grew up, he totally changed.

He was obedient and he always helped me. I remember I was bullied by a tall guy. When he saw it, he ran and bit the tall guy. It is unbelievable He saved my life. I was protected by him. He gives more than he takes. He offers without being asked. He finds happiness by making other smile. He is happy with who he is because he makes others happy to be around you. This is my friend, he never needed anything and he only needed a friend for life.

A dog doesn’t need any fancy cars, big homes or designer clothes. A water logged stick will do just fine, a dog doesn’t care who you are, rich or poor, clever or dull, smart or dumb. Give him your heart and he will give his heart. When he died, you know I was sad. But I know he never leaves because, I know he lives in my heart forever.

He is a dog. He is a pet. He is also my friend. A friend for life.



## **Champion – Luo Jinhong, Jack 4E**

### **The proudest thing of being a Hongkonger**

On June 4 of every year, if you go to the Victoria Park at night, you can see a magnificent view—thousands of people holding a lit candle, sitting on the ground, listening to the people who are telling the story about June Fourth Incident and praying for the people who died for chasing democracy and their families in that tragedy.

On September 28 of 2014, a parade which lasted for more than 2 months shocked the international community. It was called Umbrella Revolution. What was the parade about? Hong Kong people have always asked for a democratic election, but the government was ignoring the wills of the citizens. Under this condition, people had no choice but to force the government to pass the democratic election law.

To me, the proudest thing of being a Hongkonger is that we have the courage and the determination to fight for liberty, freedom and against injustice. Although the Candlelight Vigil hasn't redressed for the people who died in June Fourth Incident yet, and that the Umbrella Revolution ended with failure and tragedies, I am still proud of being a Hongkonger. The consequence is important indeed. What makes me delighted and still hopeful is the passion and the determination of Hongkongers to chase freedom and democracy. They knew the chance was little, they knew the cost was huge. Many of them are college students and young people, they gave up the chance to study at the university, they gave up their job, but just as what they said "We are studying outside school".

As we know, Hong Kong used to be a revolutionary base. In the Qing Dynasty, Sun Yat-sen tried to overthrow the Qing regime. He used the advantages of Hong Kong, and took Hong Kong as a shelter to have meetings and prepare for the revolution. As we can see, Hong Kong people had the consciousness to fight for freedom long time ago.

I am glad that more and more young people care about politics. We still have the chance to achieve democracy as long as the young people, the future of Hong Kong, are willing to fight for it. Despite the passion and determination, I hope Hongkongers can fight for it in a right and rational way.





At last, all Hongkongers have the responsibility to fight for freedom and democracy, which are our basic human rights. I am glad that under all kinds of obstructions by the government, thousands of Hongkongers are still fighting for our basic human rights, fight for justice.



## **1<sup>st</sup> Runner Up – Chow Tim Fan, Walter 4A**

### **The proudest thing of being a Hongkonger**

Every country and place has their own languages. Languages are representative. They can represent who you are or where you are from.

Yes, the proudest thing of being a Hongkonger is to speak Cantonese. For me, Cantonese is unique. There are nine tones in Cantonese. For some foreigners, it is difficult for them to learn Cantonese because their mother tongues have no tone. I am so proud that I can speak Cantonese inherently.

When I was born, the first language that I learnt was Cantonese. So, there is an intimacy when I hear people who are speaking Cantonese. I have been in Japan recently. Although Hongkongers and Japanese are both Asians, we speak different languages. While I was hearing Japanese all around me, I felt a bit strange. However, when I heard someone speaking Cantonese in Japan, I felt amiable inexplicability.

Previously, a Hong Kong illustrious stand-up comedy performer Dayo Wong Tsz Wah traveled to Nanning to hold a stand-up comedy. When he arrived at the airport, a lot of journalists and fans picked him up at the airport. One of the reporters from Nanning asked Wong Tsz Wah 'What do you want to say to your fans from Nanning?' he replied 'I hope you guys can speak Cantonese and understand Cantonese.' This video went viral on the Internet and received a lot of Hongkongers' admiration. I appreciate him a lot because I can feel how he wants to support Cantonese.

Cantonese is a particular culture for Hong Kong. What we should do is to keep it and to spread it. I know that everything has become international or even politicized. We may often use English or Putonghua in the future. But I am certain that nothing can replace the position of Cantonese. I do not know what will happen in the future. Maybe all of the Hongkongers may speak Putonghua in the future because of some political factor. But at least in our heart, and in our mind, Cantonese can never be replaced.



## **2<sup>nd</sup> Runner Up – Li Hoi Sen, Winnie 4E**

### **The proudest thing of being a Hongkonger**

When I was fresh in this school, I was so anxious and confused as Hong Kong was an unfamiliar city to me. Not only its prosperity and bustling lifestyle and also the different culture and language this city has. These made me worried if I could suit in or get lost in all these.

With all the mixed emotions and beating drums in my heart, I went into the classroom and started learning in this brand new city which was miles apart from where I used to be.

So, I'm not going to lie to you or make things up, there was discrimination against me, to be specific, discrimination against the mainlanders. The first few months wasn't easy at all, I had to strive so hard to understand what others were talking about and gave proper reply to avoid others considering me as an idiot.

Fortunately, as the classmates knew me better, the situation improved. Not only the teachers and also the classmates showed me immense patience and kindness. The teachers asked if I could keep up with the learning progress and gave me remedial lessons to make sure I had thoroughly understood the subjects. When I looked confused in the class or during some conversations, my classmates would explain it to me or speak slower for me. Those grand gestures indeed helped me a lot and I will always remember their kindness.

Besides, the government also helped a lot when I just came. There were courses provided to help new arrival children to suit in. I learnt about the features of Hong Kong and visited some famous attractions as well. Through those chances, I mastered Cantonese and knew more about the cultures. These all helped me a lot to suit in the new environment.

For all the virtuous treatment I received, I figured out why Hong Kong is so well-known for its diversity. Mostly all the residents are putting effort on it. There are some of my friends from Africa and Australia, yet none of them have been discriminated against. On the contrary, they are often being helped and are always welcomed to join any teams.



So, do you now know what the proudest thing of being a Hongkonger to me is? It's not the diversity of Hong Kong. In fact, it's how inclusive every Hongkonger is and the tolerant attitude towards outsiders and I hope these characteristics won't ever change.



## **Champion – Lo Pui Sang, Krystal 5A**

### **The proudest thing of being a Hongkonger**

Speaking of the proudest thing of being a Hongkonger, freedom must be the top priority in my point of view. As a Hongkonger, we possess freedom in various aspects, for instance, freedom of movement to foreign countries and freedom of religious belief. Among all the freedom we possess, freedom of speech, assembly and demonstration and press are the ones I feel proudest of and cherish the most.

Let's start off with the freedom of speech. We can express whatever we want to in Hong Kong. Of course, expressing your own view freely doesn't mean you do not need to take any responsibilities for your words, you will still need to bear the consequences if you insult anyone. Unlike living in China, where people may be assaulted or receive detention like Ai Weiwei if you express discontent towards the government, you can voice your opinion freely without worrying about being arrested for that in Hong Kong.

Freedom of assembly is another thing that I am proud of. When there are policies that we find injustice, we tend to assemble together and voice our opinions through demonstration or assembly. Take the case of HKTV not given a license as an example, HKTV had prepared everything to get the license, yet the application was turned down by the government without valid reasons. This aroused public's indignation, inducing over thirty thousand people participating in the assembly and around eighty thousand protestors taking part in the demonstration. If we did not possess freedom of assembly and demonstration, we would not be able to voice our opinions and dissatisfaction towards the government in such way. Besides, the minorities in society can also gain attention with freedom of assembly and demonstration. Freedom of assembly and demonstration enables minority groups to carry out assembly, allowing them to strive for things they want and again awareness and support from the public. For example, homosexual people can carry out demonstration to strive for the legislation of single-sex marriage, which results in the raised awareness of rights of homosexual people. Therefore, again, we can express our views freely with the help of freedom of assembly and demonstration.

Last but not least, the freedom of press is also a thing I am proud of. There are various press with different stances broadcasting news in Hong Kong. Some of





them are pro-Beijing, some are pan-democratic, while others are neutral. All the press play a crucial role in the community as they coagulate people together. Since they have different stances, their ways of reporting are going to be different as well. Press with stance of pro-Beijing is more likely to condemn protests and demonstrations, while press with pan-democratic stance tends to glorify demonstration. As both parties analyze the same issue in multi-angles, this engenders people with different stances, resulting in society becoming diversified. Apart from that, the press acts as a safeguard against the abuse of power. Under the freedom of press, the press can monitor the government and reveal what they are doing to the public, so the public can get to know how the policies are addressed. This hinders the abuse of power of the government, preventing dictatorship. Hence, the freedom of press is essential to society.

Hong Kong places a heavy emphasis on human rights as shown in the core values we hold. Freedom is one of the core values we Hongkongers adhere, and we would never want to violate it. Yet, it is saddening to see that the situation is going on a downhill. Ming Pao Editor Kevin Lau assailed, bookshop owner Paul Lee kidnapped and sent to China, listening to all these tragedies makes me feel devastated and infuriated at the same time, even though we still enjoy the freedom of assembly and demonstration in recent years. Not only is there a sharp increase of protests, the protests are becoming more radical as well in order to seek attention from the government. However, sadly, the government is still turning a deaf ear to the protestors' opinions, which further aggravated the problem. I am proud of all the freedom we possess, and I hope we can still adhere to the core values, allowing our next generation to enjoy it as well.



## **1<sup>st</sup> Runner Up – Wan Ho Wing, Andy**

### **The proudest thing of being a Hongkonger**

The proudest thing to be a Hongkonger is that Hong Kong is a resilient and dynamic metropolis where we can enjoy or share the success of Hong Kong. Hong Kong city possess a flourished development of economies, business, properties, medical care, information and technological industry. Those advantages have been witnessed by local and people who come from foreign countries, especially those who work as merchants, entrepreneurs and people who are originated from diverse occupational backgrounds. Those producers contribute to Hong Kong and contribute back to their countries by business activities. During the proceeding of sequential transactions with Hong Kong, local people and foreigners can make profit.

Apart from the exuberance of financial strengths of Hong Kong, the city still attracts me and makes me proud because of the multifarious array of tourism attractions and natural environments. The charisma of the city depends on its reputation and unique cultures. Therefore, Hong Kong has already been mesmerizing to tourists around the world. As we can see a tremendous number of travelers travel to Hong Kong frequently. They are inclined to visit amusement parks or prestigious attractions in Hong Kong, for instance, Disneyland, Ocean park, The Peak, The Big Buddha and the Victoria Harbour. Those places bring about happiness and impression to all visitors. Moreover, The Big Buddha and Victoria Harbor are definitely the attractions which appeal to the number of majority's terrestrial travelers because those places are the most fascinating scenery spots in Hong Kong as well as the symbol of us. Those places have been established for many years and possess collective memories to most local people. As we know that Big Buddha is the religious temple to Buddhism where all the Buddhists would sanctify these moralistic religions. Most of them consecrate their life time to maintain this culture and belief. Besides, Victoria Harbor is a spectacular view that travelers are eager to appreciate. We can encounter a lot of skyscrapers around the harbor. Such incredible views attract most of us.

Last but not least, I am conceited to become a Hongkonger while innumerable travelers appreciate this metropolis. Also, the diverse cultures and traditional religions deserve us to cherish and continue.



## **2<sup>nd</sup> Runner Up – Au Yan Tung**

### **The proudest thing of being a Hongkonger**

Nowadays, Hong Kong has become a dynamic and vibrant city. You can easily see a large number with tourists and shoppers. Hong Kong not only is a food paradise, but also a shoppers' paradise. The spectacular scenery and the international cuisines always attract lots of people to come to Hong Kong. Therefore, the proudest thing of being a Hongkonger is that Hong Kong is enjoying a great popularity - the Pearl of the Orient.

First and foremost, because Hong Kong enjoys such a high reputation, it can also increase a sense of national pride of Hongkongers. When Hong Kong people travel to other countries, they will be proud to say that they come from Hong Kong and the foreigners will pay more respect to them.

Moreover, Hong Kong is also a food paradise. Hong Kong has lots of international cuisines and local delicacy, such as shao-mai, shark's fin soup, fish ball, egg tart and so on. They are getting incredibly popular among the tourists and foreigners. The large number of tourists will go to try those local dishes. Because of the popularity of the local food, it not only increases Hongkongers' sense of belonging of Hong Kong, but also helps the grocers earn more money.

Furthermore, Hong Kong is also famous as the name of shoppers' paradise. There are always lots of shoppers and every street in Hong Kong has become alive too. This boosts Hong Kong's economic development. Hongkongers are getting wealthy too. Because Hong Kong is becoming more and more well off, the citizens are becoming prouder to be a Hongkonger as well.

To sum up, Hong Kong is getting popular now. It is also enjoying a great popularity—the Pearl of the Orient. Every Hongkonger will be proud with this celebration too.





# ∞ Young Poet Competition ∞

## **Champion – Lau Cheuk Ling, Fiona 1A**

### **Photomath**

Please teach me, my dear and useful tool!  
Help me finish the Mathematics homework.  
Oar to the river of Mathematics.  
Tell me how to do it and show the steps detail.  
Occasionally mistakes are found out when I am using it.  
Many Mathematics problems will be solved at last.  
Always use it when I encounter any Maths difficulties.  
Tell me Mathematics is an easy and funny subject.  
How useful it is! I also recommend you to use this app.

## **1<sup>st</sup> Runner Up – Tse Ching Tung, Tina 1B**

### **Play store**

Play store is a useful app.  
Let me introduce it to you,  
Apps come from play store.  
You can surely download some unique apps.

Some apps are very interesting.  
TVB Fun, WhatsApp, Facebook,  
Or Instagram as teens like to use.  
Running your phone now,  
Enter Play Store and download your favourite apps!

## **2<sup>nd</sup> Runner Up – Lai Sze Ka 1D**

### **WeChat**

WeChat is my favourite app.  
Efficacious let you vent your emotions,  
Can make people have more exchanges between.  
Heal the trauma of your mind when you are bored.  
A software that everyone is worth having.  
Time to make you fall in love with it.





## **Champion - Ho Wing Yiu Tiffany 2E**

### **Instagram**

Instagram is a common app for people.  
Never feel bored when I am using Instagram.  
Share my posts with other people.  
They will know my status if they 'follow' me.  
A 'like' will put to my posts if they like.  
Go to play store and download it.  
Remember to add some new friends.  
And they will 'follow' you back if they want.  
Maybe it will be your favourite app, too!

## **1<sup>st</sup> Runner Up - Lee Hoi Ying 2D**

### **Instagram**

I always use it to chat with my friends.  
No one hates it.  
Someone uploads interesting story.  
The people who see it will give a like.  
Although it is just a virtual reality,  
Great to get more friends to be a sociable talent.  
Right to do revision.  
All need to do it, don't just put your heart on school work.  
My favourite things and unforgettable memories are captured by using this social networking app.

## **2<sup>nd</sup> Runner Up - Lee Sin Yung, Judy 2A**

### **WhatsApp**

WhatsApp is my favourite app.  
How can I live without it.  
All of my friends found me by WhatsApp.  
To ask me for answers of homework, or  
Send the answers to me.  
After all, I need WhatsApp for my studying for my life.  
Power of my life is my friends.  
Power for supporting my friendship is WhatsApp!



## **Champion -Chau Chin Xue 3B**

### **Instagram**

In the blue mood,  
None of the apps but Instagram can  
Shine my heart.  
Take  
A  
Good photo,  
Re-post one's video.  
All the world will be connected, and  
Moments can then be shared.

## **1<sup>st</sup> Runner Up - Mak King Kit 3C**

### **Whatsapp**

What you want to share with your friends  
Happiness, sadness or even trivial matters.  
All can be transferred as fast as you can imagine.  
Tell me your little secrets, tell me your own stories.  
'Shush!' don't speak too loud in the microphone.  
And please don't share my own secret in an impulse.  
Perhaps you hate me. Perhaps I did something wrong,  
Please! Please don't, don't block my messages!

## **1<sup>st</sup> Runner Up - Li Ka Ki 3E**

### **Facebook**

Face-to-face communication is outdated.  
Apps are useful nowadays.  
Chat with others conveniently.  
Everything can be known instantly.  
Be friends without limitation.  
Our social circle will be more wonderful.  
Open your mind in virtual reality.  
Keeping friendship without meeting.



## **2<sup>nd</sup> Runner Up - Cheung Chit 3A**

### **Clash of Clans**

Clash to other get money and elixir

Lead your soldier fight for others

As much presents you can get

Skeleton and king can protect your chain

Holding shield and you were got protected

Overall, it is playful and interesting

Flow the bomber from the boomer balloon

Clashing success is your goal.

Learning how to protect your campus by watching videos

Addicted to this game and you won't awake

No any game like this in play store

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## Other Masterpieces

*A Letter to Jerry* 1A Wong Sum Yuet

Dear Jerry,

Hi! How have you been lately? Something exciting happened on the MTR last Saturday afternoon.

Last Saturday afternoon, I went shopping in Mong Kok. When I was on the way, I saw a plump woman getting onto the train at Tsim Sha Tsui station with many shopping bags. A few minutes later, she dropped her shopping bags beside her feet and then she fell asleep. A man boarded the train at Jordan Station. He was tall and muscular, yet he didn't look like a good guy.

And I saw him looking at the woman's shopping bags for a long time. I suspected that he was a thief, and the woman's shopping bags were his target. When the train arrived at Yau Ma Tei station, the thief grabbed her shopping bag and rushed away. The woman yelled, "Help! The thief stole my bags!" Luckily, two policemen were on duty, and the woman sought help from the policemen immediately.

The policemen calmed down the woman and chased after the thief. Fortunately, they caught the thief and arrested him. I felt a bit frightened after the incident and this was my first time to witness a crime.

How was your ice-skating exam? Did you pass it? I am looking forward to your reply.

With love,  
Chris





Dear Daniel,

Thank you for your letter. I know how you feel. I was the same as you when I first entered secondary school. I didn't have any friends at the beginning but I took the initiative to make new friends. Now, I know everyone in my school! Don't be too shy but try to be more active. You will be able to make more friends.

Maybe you will ask what topics we can chat with them. Actually there are numerous topics like your hobbies, favorite games, homework etc. It is easier to get along with friends who have similar interests with you.

I think you really should join some extra-curriculum activities because you will definitely enjoy your school life which gives you more memorable and happy experiences. I would like to recommend you the Social Service Club or Volleyball Club because the Social Service Club can help you meet different kinds of people and it can enlarge your social circle. Also, joining the Volleyball Club can help you become healthier and more energetic. It requires teamwork which gives you valuable opportunities to interact socially with friends and acquaintances.

Don't be too nervous and worried. Be confident to make new friends. If you need more help, feel free to tell me. I am here for you.

Best wishes,  
Johnny



## *The Best Christmas Ever* 1A Wong Sum Yuet

Sunday

Dear Diary,

Today was Christmas Eve, but dad and mom went to Japan, and left me alone at home.

Of course I would ask my friends to come to my home and have a party. But all of my friends said they were not free today so I stayed at home and did revision instead. I felt really disappointed as everyone was celebrating Christmas happily with family and friends. Yet I needed to stay at home and do revision.

Suddenly, someone pressed the doorbell of my home. When I opened the door, I saw my best friends with some chips and coca cola. I was so surprised to see them at my doorstep!

We had a wonderful party tonight! Seriously, I ate a lot. We played card games, had girls' talk and we had a sleepover at my home tonight.

I am really delighted today. We are overjoyed. I am really glad that I have some good friends like them. They have brought me lots of happiness.



*A Special Letter To Jerry* 1A *Chan Cheuk Wing, Tracy*

Hi Jerry,

How are you lately? Is Paris cold? Last Saturday afternoon I experienced something exciting that happened on the MTR.

Last Saturday afternoon, I took the MTR from Tsim Sha Tsui to Yau Ma Tei to go shopping. I saw a middle-aged woman with a lot of shopping bags boarding the train. Then, she found a seat and the woman dropped her shopping bags at her feet. She then closed her eyes for a rest.

At Jordan station, there were a lot of people on the train. Then, a young bearded man got on the train and stood next to the woman. I saw the man looking at the shopping bags. I thought the shopping bags were the man's target, because there were a lot of jewellery such as earrings and rings. He wanted to grab them. When the train arrived at Yau Ma Tei, the man grabbed the woman's shopping bags. While he was rushing out of the door, other passengers were scared and they screamed. When the woman screamed 'the man grabbed my shopping bags!', the police got on the train and saw what happened. The train doors were closed but the train didn't move. The woman told the police what happened and the police knew the man was a young man with beard. Suddenly, the police saw a man who was young and with a beard carrying shopping bags. The police immediately rushed out of the door and chased the man.

In the end, the police caught the man, and the woman felt grateful. I felt a bit frightened after the incident. I heard from the news about the recent terrorist attacks in Paris, I am so worried about you. Be extra careful when you are alone.

Ok then, time to sleep! I need to go to bed early because tomorrow I will have a Chinese Language exam. Anyway, please take care!

With love,  
Chris



## *An Unforgettable and Meaningful Christmas* 1A Hui Kwan Lok

Today is a joyful day – Christmas! It was the most unforgettable and meaningful Christmas I have ever had in my life. I went to Ocean Park with my family. We went there by the MTR. When we arrived, there were already a lot of people. Mum told me to stay close to her. We first saw two pandas. They were very cute and I liked them very much. Next we watched the dolphin show. It was interesting.

Later we rode on the roller coaster. I felt both happy and excited because it was the first time that I rode on one. Then I was hungry, so I went to a food stall and bought a chicken leg.

When I returned, I could not find my parents. They were not there. I was so frightened that I almost cried. Suddenly, a staff member asked me what happened. I told him what was going on. Then he gave me a candy and helped me to find my family members. I was very surprised that the staff were so friendly and helpful. They calmed me down and played with me while I was waiting for my parents. It was an unforgettable Christmas!



## *An Unforgettable and Meaningful Christmas* 1A Chan Cheuk Wing, Trany

Tuesday

29th Dec, 2015

Sunny

Today I had a gathering with my primary classmates. My friend gave me a big surprise that I will never forget.

In the gathering, I really enjoyed the barbecue time with everyone. We also exchanged Christmas gifts and I received a pair of furry gloves. I felt very warm. Meanwhile, we had a barbecue and chatted. We shared our school lives in the secondary school with Miss Lee. Furthermore, we talked about the funny things in the past. Recalling the past, we felt very stupid!

At the same time, I heard a hand bell 'LING! LING! LING!'. Then I saw a short Santa Claus, holding a big red bag coming towards us. He said, "MERRY CHRISTMAS!" Then he removed his Santa Claus costume. We found out that it was Benny! We were surprised!

At last, it was an unforgettable and meaningful Christmas because it was our first reunion after graduation. Through this meeting, we recalled our sweet memories in the primary school.

We do not know when the next meeting will be, so we treasure this gathering very much. This is our precious moment!



**Welcome to my web page!**

**About me**

Hello! I am Dora Chan. I am slender. I have short hair. I live in Sheung Shui. I have two kids, and their names are Jessie Yan Yan and Woody Shun Shun. They like going to Disneyland because the cartoon characters are energetic and friendly!

I teach English and English Literature in Fanling Lutheran Secondary School (FLSS). I've been teaching in FLSS for 20 years. To my students, I am 'Miss Smile' because I always smile and tell jokes. Also, I go to church with my family every Sunday!

**Favourite Things**

I love eating sushi, pizza and BBQ food because it's delicious. I had cancer when I was 40 years old so I have to do more exercise to get better health. Now, I usually go jogging four or five times a week. I play badminton and volleyball too. Besides, I like reading books. My favourite book is *Life Without Limits*. This book encourages us not to give up easily when we face difficulties.

**Favourite People**

Do I like listening to music? Yes, I do. My favourite singers are Eason Chan and Joey Yung. They are hard-working and nice. They do a lot of charity work. My role model is Nick Vujicic because he inspires a lot of people to live a positive life.



*A Letter to Jerry* 1A Yiu Hon Kuen

Hi Jerry,

How are you lately? I saw something exciting on the MTR last Saturday afternoon.

Can you guess what it was? Last Saturday afternoon, I saw a woman get on the train at Tsim Sha Tsui. She carried a lot of heavy bags. She dropped her shopping bags at her feet and closed her eyes. Then a man boarded the train. He looked at the woman's bags. Soon the man grabbed one of her bags and rushed through the door. When she discovered her bag was missing, she shouted, 'someone stole my bag!' When other people heard her, they rushed to help. They called the conductor to stop the train.

After the incident, two policemen boarded the train and calmed the woman down. Some policemen chased the man who stole the bags. Then, they caught the man and gave the bag back to the woman.

After you know this incident, what do you think? I think the policemen are very strong as they caught the man easily.

Best wishes,  
Chris



## *Should Hong Kong have its own army? 1A Ho Pui Chung*

I think Hong Kong should not have its own army. Hong Kong is a small city but China is a big country. China has a very strong and powerful army. When Hong Kong is in trouble, Chinese army will protect Hong Kong. Besides Chinese army, Hong Kong has a large number of policemen to protect Hong Kong. Therefore, Hong Kong doesn't need any army.

In addition, if Hong Kong has its army, we need a lot of land to build a camp for the army. But you know we don't have enough land to do this. In fact, having an army is a huge waste of land.





## *Are men and women equal in Hong Kong?* 1A Ho Pui Chung

I think men and women are quite equal in Hong Kong. Sometimes, I think women's status is even higher than men. For instance, there are five members in my family. My mother is the only lady in my family. My mum is hard-working and career focused and takes up many duties. The rest of us usually listen to and obey her.

Besides my family, my school is another good example. There are many talented and assertive female teachers in my school. They have much power. They are never inferior to male teachers. In fact, students really like and support female teachers.

In short, according to my personal experience, status of women is slightly higher than status of men in Hong Kong.



*An advice letter* 1B Cheung Chun Long

Dear Sandra,

Everyone has similar problems. When I was a teenager, I had your problems too. I know your feelings. Don't worry. I will stand by your side and give you some advice.

If you are worrying about your weight, I suggest you do more exercise. It is the best way to keep fit. But if you aren't believing yourself, no one would have mercy for you too. Don't worry about others' mean comments, be confident about yourself!

Body odour is normal for most of the people because our body needs to produce wastes. Don't worry about it. Just remember to take a shower every time you go back home from outside.

Have you talked to your parents? I think they're just worrying about you. I suggest you could tell them more about your life. Just try to talk with them, I think if they can know more about you, they would allow you to do more things!

I've given you my advice. But sometimes you might not be brave enough. Don't worry about it! Just be confident! Don't say 'NO' before you try!

Best wishes,  
Ms Lee



When Lucy woke up yesterday morning, she looked out of the window and she felt happy because she would have a picnic the next day. Lucy went out and saw the clock, it was seven o'clock! She was going to be late, and she felt shocked. Lucy packed up her things and put them in her school bag immediately.

Lucy was in a hurry and she forgot to bring her English book. The first lesson was English lesson and she discovered that she forgot to bring her English book. Lucy had an idea. She put another book on the table and put the pencil case in front of it so the teacher couldn't see that she didn't bring the book.

When Lucy was daydreaming, the teacher stood in front of her and asked, "Why are you daydreaming?" and the teacher looked at her table and saw a Computer textbook there. The teacher was so angry and punished her because she wasn't honest with the teacher.

Finally, the teacher made Lucy write "I must be honest" 500 times and threatened her to have no picnic. Lucy was disappointed. But the teacher was very kind. In the end, she let Lucy have a barbecue with her friends.

Lucy has learnt from the experience that she needs to go to bed early, so the next day she will not be late. Lucy now knows that she must be honest with everyone.



## *A Story about Gigi*     1B Yeung Hei Lam

One day, a girl who was called Gigi got up very late since her alarm didn't ring. Then, she brushed her teeth and wore her school uniform immediately. After that, she started to pack her school bag. While she was packing the bag, she stared at the clock and yelled, 'Oh no! I will be late if I don't go now!'

After a few minutes, she arrived at school and prepared all the things that she needed to use in the first lesson. However, she was careless that she forgot to put the English book in her bag. She didn't know it until the English lesson.

When she had the English lesson, she wanted to take out the English book from the school bag but she found nothing. She realized that she didn't bring the English book with her. She was so nervous at that time. 'Gigi, please take out your English book. We need to start our lesson now,' the teacher ordered when she was walking in the classroom. As she knew that she didn't bring the English book, she told the teacher the truth. The teacher got angry and said, "Gigi, you have forgotten to bring your book many times already. Please give me your handbook. I will talk to your mum.' She felt regretful and upset about that.

Suddenly, a boy who sat near Gigi put up his hand up and said, 'Miss, I'm sorry. She doesn't have the book because I borrowed it.' Then, the teacher punished the boy for not bringing his book.

At lunch time, Gigi was grateful for what the boy did. They had lunch together and finally became best friends.



## *An experience at the electronic shop* 1B Danie Zheng

One day, John went to a shop to buy a new camera. It was raining, so he brought an umbrella with him. When he arrived the shop, he walked to the electronic shop to look for the camera he wanted. But when John almost got there, he saw a teenager looking around and he looked like very nervous. Suddenly, the teenager grabbed the camera on the table and ran away quickly. The shopkeeper cried, "Stop the thief! Don't let him get away!" John ran to the teenager and used the handle of the umbrella to trip him.

The teenager fell on the ground and the camera dropped from his hand. The shopkeeper came along and caught the teenager and called the police. After ten minutes, some policemen came and put him on the police car and drove away. The shopkeeper gave a new camera to John for free as a gift for catching the thief.

John was happy and understood the meaning of "Give cake and ale to perfect soul". He would never stop helping other people.



## *Introducing a Chinese Festival* 1B Choi Pui Ying Theresa

Good morning everyone. I'm sure the most popular festival in Hong Kong is Chinese New Year. But do you know why people like this festival so much? Let me tell you the reasons and more about this important festival in Hong Kong.

There is a legend behind the festival. Long time ago, there was a monster which went to a village on the first day of the first lunar month every year. The monster created many troubles in the village and ate people. Thus, the people in the village used firecrackers and Fai Chun made by red paper to scare it away. Therefore, people now celebrate Chinese New Year on the first day of the first lunar month.

Nowadays, there is much festival food at Chinese New Year. Chinese people like to eat sweet dumplings at Chinese New Year because 'sweet dumplings' in Chinese sounds like 'reunion'. Sweet dumplings can be stuffed with different fillings such as black sesame, red beans and peanut. They are all very delicious. In addition, people also eat turnip cakes and Chinese New Year's cakes. Some people even make them with their children at home.

Apart from festival food, let me tell you more about the customs of Chinese New Year. Families go to flower markets to buy peach blossom or tangerines on the last day of the twelfth lunar month. We also clean our home on the 28<sup>th</sup> day of the twelfth lunar month to sweep away bad luck. During Chinese New Year, lots of people go to Lam Tsuen Wishing Tree to make wishes. Children and unmarried people receive lucky money from relatives too.

If you feel excited about how people celebrate Chinese New Year, please feel free to ask me and I'm happy to recommend you popular places to go to.

This is the end of my presentation. I hope you enjoy it. Thank you.



## *My favourite kind of restaurants*

*1C Pang Lee Wan*

My favourite kind of restaurants is Korean restaurants. Korean restaurants are beautiful. They play some K-POP music. It makes people feel excited and relaxed. The waiters are polite. They teach us how to cook the beef patiently.

Korean restaurants serve Korean food like kimchi, carbonado, spicy chicken, rice cake soup and spicy stirred-fried chicken. These are my favourite Korean dishes. Some Korean food is spicy and salty. I like spicy and salty food so I like Korean food very much.

Also, I like Korean drinks, too. My favourite drinks are cream, soda and milk. They are tasty. These drinks are sour and sweet. I think it is special.

Although it is expensive, the food and drinks are tasty, so I don't care about the prices. I enjoy eating Korean food.



### **Examination**

I always feel nervous before examinations. When I do revision, I cannot concentrate to study. I am worried about the results of examination. I am afraid that I will fail. I am too stressed. My anxiety blocks my thoughts so that leads to poor examination performance. I want to know what I could do to relax.

### **Health**

On the other side, I also worry about my mother's health from time to time. Now she is old and she also feels sick. I am worried about her health. When she was young, she worked very hard. She always worked more than twelve hours a day. Recently, she has become very forgetful. I am very worried that she will lose all memories in a few years. I always pray for her to get well.





## *Writing a personal letter* 1C Chan Chak Hei

Hi Cindy,

How are you? I am writing to tell you about my school life.

I'm studying in Fanling Lutheran Secondary School. I like this new school because it's big and modern. There are two huge assembly halls. There are also a volleyball court, a basketball court and a football field.

I'm in Class 1C. There are 40 students in my class. Our class teachers are Miss. Lai and Mr. Lee. They are kind. Also, I have some new friends at school. Let me tell you now.

John is my best friend at school. We are in the same class and we are also members of Football Club. We often practise football and play some football matches together. Prakit is in Class 1A. He is a member of the Basketball Club. Last month, he had a basketball competition. Unluckily, he didn't win the match. I will have a competition next week, I hope I can win.

Can you tell more about your new friends and what school clubs you have joined?

Love,  
Joshua



## *My Worries* 1E Chan Tsun Lok

I worry about my family most, such as my parents' health and their jobs.

My dad is fifty years old. He is a senior manager. I'm worried that my father is out of work. The other companies will think he is going to retire soon and will not hire him. Our family will become poor.

Therefore, my mum has to work hard to support the family. My mum is a real estate agent. In order to prevent the occurrence of the above things, she always goes out early and comes back home late. She can't have enough rest. If my mum can't have enough rest, she will get sick.

But if I study hard, when I grow up, I will have a good job. I will earn a lot of money for my parents. So I need to study hard now!



## *A friend for life* 2A Man Nok Him

If I ask you the question: what do you think about a friend for life? How will you answer this question? In my life, I am pleased to have a good friend for life. He is my dog, Jardon.

When I was five, my parents gave me a dog as a present since they needed to work outside and I was lonely. Jardon was very cute when it was a puppy. At that moment, Jardon started to be my friend. Every time when I felt bored, I would like to have fun with it. We would play a colourful ball. I threw the ball to the front, and Jardon would run forward to pick it up. Our memories of those old good days are really valuable and unforgettable for me. Even when I cried since my parents did not stay with me, Jardon would come in front of me and use its tongue to lick my face. I thought this was great energy to let me keep moving forward in my life. Jardon was a good friend for my life. Jardon never left me alone but stayed with me, just like a star at night. I was absolutely lucky because of Jardon. We were good friends forever.

Today, I have a birthday party with my son as I am fifty years old. Jardon has already left me but I do not feel alone since I remember those unforgettable moments. I have learnt that good friends will always stay with us in our mind. My dog, Jardon has always been my friend for my life!



## *A Sales Presentation* 2B Lai Jing Young

Good morning ladies and gentlemen. Welcome to this sales presentation! My name is Chris Wong from class 2B. Today, I'm going to tell you about this amazing ruler – the Buddy.

The Buddy is made of a brand new metal, the Memory Titanium. It's ultralight, even lighter than a feather, so it won't make your pencil bag heavier. Also, it's even stronger than diamond, so you don't have to worry about dropping and breaking it. It has a lot of colour choices, so you can buy whatever colour you like. But the most special thing is that it can change colour with heat. Whenever you touch it, it will change colour! Normal rulers are always straight, but the Buddy is different. The Buddy can be both straight or bendy, short or long according to the strength you put on it.

Though this ruler is made of metal, it weighs like nothing. You won't even feel like holding anything in your hand. The Buddy is stronger than diamonds, so there is no way you can break it. The most useful thing is that it can be both straight and bendy, so you can use it to both draw and measure.

I'm offering you a discount. You can buy it at half price, and you can get a free Titanium Ball Pen if you buy it now. Come and get yours now! Everyone needs to have a Buddy in their pencil case!



*A Poem* 2B Chun Nga Ting

**Oh! Taxi~**

When you see there is no car,  
That means I missed the bus.  
Hurry up, taxi! Take me there.  
I know I can call you everywhere.  
Driver, driver,  
My school is far.  
I know you can be fast,  
And I won't be the last.

*A Poem* 2B Lai Jing Young

**On The Space Shuttle**

3,2,1 Blast Off!  
Giant White Phoenix flying into the outer space  
Zooming, whizzing engines roar  
In the space it flies and soars  
The stars it dashes through are twinkling  
And the tail is blazing  
Meeting lots of galaxies  
It is now going to discover more mysteries!



Those were hard days as a hawker, boys.

I remember that I became a hawker while I was twenty. I wanted to pursue my dream but I suddenly heard that my father was seriously sick. If my father passed away, the income of my family would rapidly reduce! At that time, I decided to become a hawker to earn money for home. "People needed vegetables and fruits, so why can't I seize this opportunity?" I thought, so, I became a hawker who sold vegetables and fruits.

The first difficult thing of being a hawker was choosing a place to sell my things. I had thought about selling things on the street, but it would break the law. I said to my old friend, Chow. It seemed like he got some good ideas. He shouted, 'Why can't we work together? I have a farm near Shatin market. Why can't we work at Shatin market?'

That was why I worked in Shatin.

Recollecting my memory, I want to share with you the reasons why I would like to be a hawker. When I saw people smiling after buying my things, I felt very joyful. Yet, everything had two sides. In 1983, the typhoon signal number 10 was hoisted. After that blow, the income from selling vegetables disastrously dropped. Luckily, my friend, Chow, lent me half of his savings. I still owe him money now!

Another unforgettable memory happened in 1987. After my birthday, the Hang Sang Index fell below 1100. The hawker that worked next to me fainted after hearing that! Although a lot of people saw him faint, no one knew what to do! After ten minutes, he woke up. What an unforgettable and scary thing.

Oh! Time to bed! Good night, boys. I'll tell you the story about how your grandparents met tomorrow.



## *A Birthday Present* 2D Tsui Wai Ho

When it is my friends' or my family members' birthday, I will buy a notebook for them because I think a notebook is very important and useful in our lives. If you find some very important information, you can write it down on your notebook.

Many people think a smart phone can replace the notebook, but I don't think so. It is because the smart phone always runs out of battery and you can't find the notes quickly. That is very troublesome! I hope my friends and family members can understand my idea.

You can also draw some pictures in your notebook if you don't want to write any notes on it, just like a manga creator. Manga creators sometimes have some new manga ideas. Then they can draw new characters and new scenes. It's very simple.

I hope my friends and my family members can make a habit of writing notes. They will not forget the information easily. I don't have much money but I think the expensive gifts are not the best. A notebook is not expensive but it is very useful.



## *A Friend for life* 2D Wan Tsz Ting, Kris

Friendship is a relationship that all the individuals can create by themselves. Friendship is a faithful and loyal relationship between two or more people living anywhere in the world. Everyone needs friends.

Kitty To is my best friend. She is of medium height and she is skinny. She has long straight hair. She is very cheerful and looks nice. She is very sociable too. I like my friends because she is honest and also trustworthy.

I want to share my happy things and worries in my life to her. If I feel sad, I will share with her. Then she will comfort me and she will tell me some solutions. My friend is very hard-working and she will teach me how to do some homework. So, I'm not lazy now.

I first met my friend in 2008 when I was in primary one. We have become friends for eight years.

My friend is very good because she makes me become a better person and she is very helpful. So, I will treasure Kitty forever.





One day, I found a \$1,000 banknote in the lift. I was shocked. I wanted to pick it up, but I couldn't, because there was a CCTV in the lift. Yet, if I didn't pick it up, then some selfish people would pick it up and use it. I didn't enter the lift but just pressed the button so as to stop it from leaving. I kept looking at the money. I didn't enter the lift until 25 minutes later. I decided to pick up the money and give it to the security guard. Suddenly the \$1,000 turned itself into a cute and pretty cat. I don't know what was going on. Then suddenly again, the cat spoke ENGLISH!! OH MY GOD! It was impossible. Then the lift stopped.

After I left the lift, the cat turned into a person. It was amazing. I was shocked for a moment. Then the person said, "Do you want to help the people who are in need?" Then I answered him, "Yes, I want to, but how can I do it?" He said, "We are going to arrest those people who are selfish with the money." Then I answered him, "OK! I will help you." Then he gave me a beautiful smile. I was happy at that moment. After that I went to many different places and we arrested many selfish people. I thought I was a brave girl.

Suddenly the alarm rang and I woke up. It was just a dream. But it was an exciting, happy and amazing dream.



## *A Letter to my teacher* 2E Li Si Si

Dear Miss Wong ,

Hello! My favourite teacher! I am sorry to hear about your problem. In fact, my mother was a shopaholic too. What changed her? It's Doctor Ho who helps shopaholics in Hong Kong. Actually there are many experts in Hong Kong who can help you. You can also get counseling from [www.shopaholicsexperts.com](http://www.shopaholicsexperts.com) for help. Don't be afraid, you can get help.

My dear, did you try your best to avoid shopping? You should try to bring cash only. If you bring too much money, you will want to use it. You'd better give your mother all your cards and let her keep them for you. If these cards aren't in your handbag, you will never be able to buy something expensive.

Next, I advise you to learn something you like. It can spend your free time. You will then have no time to go to shopping malls with your friends, will you? You should check your own closet and you will find too many unnecessary clothes to buy. You will not buy other things, will you?

That's all the advice and suggestions for you. Take care!

Yours,  
Chris Wong



*A Letter to my teacher* 2E Wong Wing Sum

Dear Miss Wong,

I am sad to hear about your problem. It is very hard to stop shopping, so I'm going to give you some suggestions.

First, you should try to have less window-shopping because usually when people go shopping, they cannot control themselves and they will buy many unnecessary things.

Second, you should try to bring \$200 only and don't bring your credit card every day. Try to save more than \$50 every day! Besides, you need to clear all debts if you have any. I think one year later, you can get rid of your financial problem.

Maybe you can seek help from shopaholic experts. You can write a letter to them for more advice. Their suggestions will be more professional and helpful than mine.

Finally, I advise you to read more economic books when you have time. I know you are very busy with your work, but try to read them. I suggest you read 'Thinking , Fast and Slow', I think this book can help you .

Hope these suggestions can help you. I think you will not become a shopaholic if you stop or have less shopping.

Yours sincerely,  
Chris Wong



## *Sales presentation script* 2E Yip Yee Ling

Good afternoon everyone. Welcome to this sales presentation! Today I am going to introduce my new product. It's called "Super Memory Box!" I think this name is cool!!

The "Super Memory Box" looks like a pencil case. On the top of this box, it has a screen and three buttons. The first button can control the English dictation radio. The second button can control the light of the screen. The third button is used to open the box. When you press button three, you will be asked to input a password to open the box! Don't you think it is convenient?

Next, I will tell you about the inside of the box. Inside the box, there are nine small screens, one grid can save one thing about learning English! If you want to save something, you can touch one screen and talk to the box. If you want to read or listen to the saved memory, you need to touch the small screen and it will be shown on the top of the screen. If you want to listen to your saved things, you can use the first button. You can use the headphones too!!

The price of the "Super Memory Box" is just \$300! If you are our member, you can have a special discount! If you are not our member yet, you can have a special discount too - buy one and get one free!

The first person who buys the new product can enjoy a 50% off discount. Come and buy this for your home now. I hope it can help your children learn English more easily.



## *A Letter of Advice* 2E Ho Wing Yiu

Dear Miss Wong,

I am sorry to hear about your big financial problem. I know you love shopping very much, but I think you should seek help from other people. I know that there are experts in Hong Kong who can help shopaholics, maybe you can seek help from them.

I am worried about you. You should try to stop using credit cards for shopping because I think you will buy a lot of things when you have credit cards. I also advise you to make a shopping list before you leave home for shopping. If you have a shopping list with you, you will not buy other things but only the things which are on the shopping list. You only need to write the things which you really need, not the unnecessary clothes, bags and shoes.

If you cannot do the things which I suggest you, I think you should not go to the shopping malls but stay at home more often because you need to stop shopping and buying things. You also should not be attracted by sales or discounts. You need to learn how to control yourself and not to buy too many clothes, shoes and other things. I hope my advice can help you to solve your problem. Good luck!

Yours sincerely,  
Chris Wong



## Itinerary writing 3B Yim Chun Hei, Mato

Day 1 10am-12 pm

Your trip begins with a briefing by your friend. First, we will go to the Avenue of Stars to have a walk and enjoy some views. It is located in Tsim Sha Tsui. You can see the Victoria Harbour in front of you. You can find a lot of statues of Hong Kong Stars as well.

Day 1 2pm-6pm

We will go to Mong Kok to do some shopping. Shopping is very popular among Hongkongers. They often spend much money on shopping. Hong Kong is also called the 'Shopping Paradise' because most of the products in Hong Kong are cheaper than those in other countries. We can enjoy tax-free products and the quality is much better and they are more trustworthy. So, shopping in Mong Kok is a good choice because there are many shopping malls and there are many things to buy.

Day 1 7:30 pm- 9pm

We will go to Mong Kok to try the local food at food stalls. The scale of these stalls is large there. So remember, don't eat too much for dinner as you will be full easily. The local food is flavorsome. There are fish balls, egg puffs, Siu Mai, pineapple buns, etc. The local food is very popular among tourists. I recommend you to try them. So enjoy the local food!

Day 2 11am-1pm

Today is a sports day. We will go to Tai Po Park to fly a kite. Many teenagers love flying a kite because it is cool and you can run around to enjoy the spectacular view of kites flying high in the sky. The feeling is very comfortable.

Day 2 2:30 pm- 6:30 pm

We will go cycling from Tai Po to Sha Tin. This road is easy to ride. The faster you ride, the faster the wind blows to you. It is very comfortable and this route is a good choice. You can also watch some gorgeous views and one part of the road is cycling next to the highway. If you are good at cycling, ride as fast as you can! Let's have a race with a car!

Day 2 8pm

Lastly, the trip is over. We will dismiss at Sha Tin and then we will go back home.



## **A Letter to Heartbroken Tracy** 3B Sung Ka Yu

Dear heartbroken Tracy,

I've received your letter asking me for advice on how to overcome your difficulties. While I feel very sorry about that, I think I can help you.

Initially, I want to tell you that taking drugs is a terrible thing. You'd better not take drugs with your boyfriend. If you prefer to take drugs with your boyfriend, it will ruin your life and even make you mentally disturbed and it is hard to quit. Don't you know about it? If you take drugs, your family will worry about you. In some cases, drugs even cause family destruction. As you know, the consequences would be too severe to bear.

Secondly, I know you are confused by the relationship with your boyfriend and family. If I were you, I would break up with my boyfriend as soon as I can. You don't need to be very upset about leaving him. You know, he asked you to take drugs, which proves that he doesn't love you but wants to harm you. Why don't you communicate with your family and let them know your situation? Remember, they're your family. Of course, they will help you as much as possible. Don't stand alone when you meet difficulties and don't be afraid to face them. Everybody knows that adolescence is a period to face many problems and you're in that period, and so it's normal.

As I have just said, you're in adolescence and I think Noddy should be the same. Don't be afraid of him! Safety first. You should try not to provoke him. If he wants to beat you, you ought to run to tell your teacher promptly. It's an era of advanced technology now. If possible, you can install a positioning system in your mobile phone, just like GPS. It's convenient for parents and teachers to know your position.

Tracy, cheer up. I bet you can overcome all these difficulties. My final words are, always believe that your future is filled with promises and possibilities.

Cheers,  
Chris



## Writing a Speech 3B Chau Chin UE

Good morning / afternoon everyone.

As we all know, students who are over 15 years old in Hong Kong can start working in the summer holidays. Today, I'm going to talk about my summer job as I found one in Hong Kong Disneyland. My friend and I worked as a costumed character performer. It was tiring but I felt happy. I'll talk about the good things and bad things about my summer job. After that, I would give opinions about teenagers doing part-time jobs.

The first good thing about my job was I could work with my friend so I felt good and joyful while I was working. Even though I was working, I was having fun with my friend in Disneyland without spending money on tickets. Besides, I could also earn some pocket money!

The second good thing was I could meet many lovely people. There were lots of little boys and girls in Disneyland. And my job was also to have fun with them. You know, almost all visitors in Disneyland are children. They are very cute. Once I gave an ice-cream to a little girl, she kissed me and said thank you! How cute they were! Apart from those lovely kids, our team leader was helpful and kind. She told me if I felt tired, I could have a rest. I've learnt a lot from her good leadership!

Okay... I have talked about many good things. Let me also tell you the bad things. First, this job made me have two deep feelings – hot and exhausted. It was summer, and I was a costumed character performer! So, you can imagine that I was wearing a big, tough cartoon costume under a scorching sun and breathing in 35°C air. Yes, it was hopeless because of the burning weather! And my working hours were also too long – about 8 hours from 9:00am to 5:00pm.

Though it was a tough job, I still think students like me should do summer jobs. In my opinion, it is meaningful and it's a good way to train us, not to mention the fact that we can earn money and lessen our parents' financial burden. We can learn how to communicate with different people as well. And I also know I can do something by heart. No matter whether it is bad or not, no matter whether it is tiring or not, once we've decided to take a job, we should keep doing it until it's done. We can then attain a great sense of achievement. Just tell yourself: 'Hold on, Hold on.' This is the greatest lesson I've learnt from my summer job! That's all for my sharing. Thank you very much for your listening.





## Complaint Letter 3C Sung Mei Ching

Dear Sir / Madam,

I am writing to complain about the extremely bad service of your restaurant. I went there with my friend to have dinner yesterday and we were served by an impolite waiter of your restaurant.

We decided what we wanted to eat and we raised a hand to make an order. However, the waiter just walked past us without paying attention to us. I was certain he saw us but he ignored us. We waited for him for a long time. Finally we walked towards him and demanded him to take our order.

After we made an order, the waiter poured water for us but he spilled the water on my new trousers because he was busy chatting with another waiter. He did not apologize after this. I was furious.

My next complaint concerns the wrong delivery of dishes. We confirmed that the dishes were not what we had ordered. Yet, the waiter denied and refused to change another meal for us. We did not mind eating the wrong dishes since we did not want to argue with him. We tried to finish the dishes quickly. However, the waiter collected all the dishes even when we had not finished. I was still using the knife to cut the steak. I did not know if he did it intentionally or not but we were furious. After that, we checked the bill and left the restaurant. Suddenly, he stopped us and asked us for tips angrily. I did not think he should get tips for his extremely terrible service.

If I do not receive a written apology and full refund within seven days, I will not hesitate to contact the relevant authorities. Thank you for your attention.

Yours faithfully,  
Sam Hui



## **Tutorial school    3C Tsui Nok**

Good morning Miss Lam and classmates. Today, I am going to talk about the good points and bad points of tutorial classes outside school.

I think we should not have tutorial classes after school, because the knowledge we could learn in school is more important than that we could learn in tutorial classes. Also, some bad tutorial classes will only help you to finish your homework. Then you don't need to reflect on what you've learnt. Gradually, you may over-rely on the tutorial classes heavily and would no longer pay attention in the classes of school.

Most students are having tutorial classes during public holidays. They don't have holidays and have lessons for seven days. They put much stress on them. Some students don't like learning. They may not pay attention in tutorial classes and they will waste their time and also their parents' money.

Apart from the bad points, I would like to talk about the good points. If some students love learning, they will be eager to absorb more knowledge at tutorial classes. Also they may get higher marks than other students.

Finally, nowadays, many students are having tutorial classes. But I think knowledge should be explored by ourselves instead of being passed on by someone who tells you about it!

So I think if we pay attention in school, finish the homework on time and do some revision on it. We can also get high marks in every subject. We don't need to have tutorial classes, because tutorial classes are designed for those who don't really pay attention in class.



## Complaint Letter 3C Yip Yat Ming

Dear Sir,

I am writing to complain about the poor service of your restaurant, which I experienced last Friday.

First of all, my friend and I sat for ten minutes and no one came to serve us. Then I tried to shout and asked for help, but no one responded us. After we sat down, we requested two glasses of water. But the waiter was only chatting with other waiters and so the water was spilled everywhere. My trousers were all wet. The waiter still did not notice until I scolded them.

Both of us ordered Dinner Set A but the waiter brought us Dinner Set B instead. The waiter insisted that we had ordered Set B and therefore refused to exchange the wrong order for us. We were very angry for their service and attitude.

While having the dinner, the waiter suddenly came and collected our dishes even we had not finished the meal. Then I argued with the waiter but he seemed to have no response.

Finally, we asked for the bill. Because of such poor service, I only paid the exact amount of the bill. Ridiculously, the waiter asked us why we did not leave any tips and he even said that we were mean.

Frankly, this is really the worst experience that I have ever had. As mentioned by Andy Lau, good service is very important in all industries.

I think you should look into the case seriously and I request a written apology to be given on or before March 31, 2016. If no actions are taken, I will not hesitate to contact the relevant authorities or the media.

Yours faithfully,  
Sam Hui



## Complaint Letter 3C Mak King Kit

Dear Sir / Madam,

I am writing to lodge a complaint against the service of your restaurant. Last weekend, 6<sup>th</sup> March, my friend Merry and I went to your restaurant for dinner. Your restaurant had good decorations and the waiters were well-groomed. Thus, I trustingly went to have my dinner here.

However, the waiters were very rude .We raised our hands and wanted to make an order. Yet, the waiter ignored us and stared at us unkindly. I think it was not the manner a waiter should have.

After some time, I ordered a Greek Salad and a Salmon Fillet. I also ordered some wine. Just a few minutes later, the waiters came and poured the wine for us. However, they were distracted as they were chatting with each other while pouring the wine. They eventually spilled all the wine on my trousers. After that, they did not give me any paper tissues or towels. They just said sorry without any regret. The waiters soon left and despised me. It was very disrespectful and indelicate that a person who erred did not say sorry and never feel regretted. Yet, the story has not yet finished.

A while later, the waiter came to us and served me a Caesar Salad and a sole. My friend ordered a fried steak. However, the waiter served her fried pork chop. She is a Muhammadan. Because of her religious belief, she never eats pork and she was embarrassed at that time. It is obviously the dishes were not what we ordered and it was an unacceptable human error. Even though we reiterated that the dishes were not what we ordered, the waiter denied it and asked us ‘Are you sure?’ After a fray, the manager of the restaurant agreed to switch the dishes for us. However, it is still so far from the end of the disturbances.

While we were eating, the waiter collected the dishes even we had not finished our food. It was ridiculous! We did not know why. Was it because of a lack of dishes? If that was the case, please prepare enough because it is the prerequisite of managing a restaurant.

In the end, we checked-out. However, the waiter asked us for tips rudely and impudently. Well, I think it was a bit ridiculous. To get tips, the restaurant must have an exceptionally satisfying service and serve the customers with politeness. The food quality is also an



important factor.

I'm not demanding any refund. I just request an apology. Otherwise, I will not hesitate to contact the relevant authority or media.

Yours faithfully,  
Sam Hui



## **A Letter to Edith** 3C Sung Mei Ching

Dear Edith,

How are you? I'm sorry to hear that you're suffering from insomnia. I'm very sympathetic about your condition and I know your worry. Therefore, I'm going to give you some advice on your insomnia so that you can sleep well. Don't worry!

To begin with, you shouldn't take sleeping pills. Not only does it harm your body, but it will also make you over-rely on them and may even be addicted to it. Even though it will help you sleep well when you're taking them, you won't sleep well again without using them. Thus, you'd better not take any sleeping pills.

In my opinion, you may consider doing exercise first. After doing exercise, you'll feel tired and sleepy. So, your body will be relaxed and you'd want to take a rest as well. Not only can it help you sleep well, but it can also be good for your health.

Apart from doing exercise, listening to soft music is another good way to help you sleep well. Maybe you can't sleep well because you're worrying about your tests or you're facing some learning pressure. Why don't you try to listen to some soft music before you go to bed? If I were you, I would listen to some soft music to relax.

I hope my advice will help you solve your sleeping problems. Do write back and let me know how things turn out. Good luck!

Best wishes,  
Chris



## **Tutorial School** 3C Tse Wing Yi

Good morning ladies and gentlemen.

It is my pleasure to speak to you today and I would like to tell you the good and bad points of going to tutorial schools. I believe that most of you have joined it before, haven't you?

To begin with, joining tutorial schools or classes outside school may help us get higher marks as they will use some other ways which we can understand to teach us. In addition to this, tutorial schools have abundant information (like different kinds of Mathematics drills or others) for us to refer to. It can help us a lot in our exam. For example, my classmate Peter, who has joined a famous tutorial school for a year, has made a lot of improvement and got an outstanding achievement this year.

Secondly, joining tutorial schools or classes outside school can urge us to review effectively. Some of the students don't have a good control of themselves, so they need a tutor to monitor their progress. For example, lots of my classmates do not do their homework until the deadline arrives. That means they don't have a good control of themselves.

However, joining tutorial schools or classes outside school may waste time or money as some of them just help you to complete your homework but not teach you knowledge. For example, my classmate Cindy Wong has joined a tutorial school before. But her tutor just asked her to teach other younger students. Cindy was not taught anything useful. Isn't it ridiculous?

Apart from this, joining tutorial schools or classes outside school may make students feel tired as they have studied for a whole day. So, I think they should get enough sleep and rest after school.

Although joining tutorial school has good and bad points, to join it or not, that is still your choice! This is the end of my speech. Thank you.



## **A Letter to Edith** 3C Tse Wing Yi

Dear Edith,

How're you? I've heard about your problem. I'm sorry to hear that you're suffering from insomnia. I'm going to give you some advice on this problem.

Firstly, psychological stress may cause insomnia. You always think about what you're going to do tomorrow when you sleep in your bed, right? Too much pressure makes you feel nervous, which is an important factor that causes insomnia. You should relax yourself as it helps you to solve your problems. You may consider listening to some music or reading some books to help relax yourself. You can also do some exercise to reduce your stress.

Secondly, you believe that you must sleep as fast as possible after you get in bed. This notion makes it more difficult for you to go to sleep. Your real intention is that you want to sleep but if you're not doing it naturally, you will feel stressed to fall asleep! In my opinion, you should stop thinking when you're lying in your bed. That's the best way to help you.

Finally, I don't think you should take sleeping pills to help you sleep better. While you are taking the pills to help you, you may get too dependent on them. If you do not take them when you're tired, you won't have an insomnia problem now! Try using some more natural ways of getting to sleep like counting sheep or drinking milk. These are better than sleeping pills.

Do write back and let me know how things turn out. Good luck.

Cheers,  
Chris





## **An Advice letter 3C Juliett Tam**

Dear Joyce,

Hey there, how're you? I'm sorry to hear your problems. I have also experienced similar problems before. Thanks a lot for writing me this letter. I wish the following advice would help.

First of all, throughout the experience I had making friends and having the similar problems that you did, I found making friends intimidating but rewarding. It's because friends walk through life together, shares ups and downs, joy and pain. So having friends is really important and joyful, and I wish you could have friends too. Here are some ways and advice that I'm gonna give you on how to make good friends.

From the letter that you wrote me, I've realized that your fear is in your head. You fear that being overweight and having a bad hairstyle are what cause you to have no friends. Well, I'm telling you, it's not. Think about it, 99% of people are too busy being concerned over exactly the same things about themselves. They're just as scared as you are. And just ignore the people who judge on your fears. These aren't the people you want to be friends with. But if you're really concerned about your hairstyle, try to talk to your mum about it. Tell her your opinions. You're not 3 or 4 now. You got a ability to pick.

Apart from that, making friends isn't as hard as you think. Reach out to acquaintances and make your own chances of making friends. For example, was there a long lost close friend of yours that you have once wanted to reach? Drop a friendly SMS and say hi! Or, is there anywhere you have wanted to go? Ask for a meetup with the people that talk to you sometimes. I'm sure some of them would want to go with you. You can also join workshops or courses that you like! Therefore, you can find friends who have the same hobbies as you do!

Last but not least, always remember to be confident of who you are. An author once said, "Instead of wishing you were someone else, be proud of who you are. You never know who was looking at you wishing they were you." Appearance isn't important. What is important is to be who you are. I hope the given advice will increase your confidence and will help you gain more friends. I'm always open handed. You are welcomed to be a friend of mine if you want to.

Best wishes,

Jackson



## **A Letter to Myself** 3D Sam Mak Shun Kit

Dear Me,

Hello, the future me. How are you? Is your lovely cat living well? Does your mama become an old lady with pure white hair, and is she still living with her handsome husband? And also, has your dream come true, and are you having a perfect life with your wife?

In fact, now, I'm now trying hard. And studying lots of textbooks, to achieve the dream - to be a doctor, and help millions of people with various kinds of diseases, you know? I am now an elite student at my secondary school just because I really want to be you - really, really want to live as how you are living in the future. Perhaps being a doctor is hard and I need to study so hard that I can't even imagine. But I'm sure that if I study hard like other successful people did, I'll become the best doctor in the world. And there won't be many germs everywhere.

Let's not talk about something related to the world, shall we? How's your daily life with your family? How's the day with your lovely cat, and your loved one? I think you are now having a perfect life with them as you are friendly and mild, aren't you, bro? It is also important for you to make it a responsibility to take care of your parents as they become an old lady and aged gentleman. As a result, you must sacrifice your free time, and do whatever they want you to do. Or you can hire a worker to handle all the housework, like what your parents did when you are in your childhood.

I think I'd better stop. I hope I can write a letter again to keep knowing what I have done in the future. Bye-bye!

Your past,  
Sam



## **Oh my god! I have become a boy! 3DTung Chia Yin**

“Oh my god! I have become a boy!” One time I woke up and then I went to the bathroom. I just saw a boy standing in front of me in the mirror, but I felt excited because I had wanted to become a boy for a long time.

Today is Friday, it is a school day! I couldn't just wear my girl uniform and I could not call my father and so I called my best friend Amy. I explained to her, and she knew who I was. She said “Come to my home. I don't need to go to school today.”

I went to Amy's home, and she said, “Why have you become a boy?” I said, “I don't know.” Then my father called me, I said, “Father, I have become a boy!” He said, “Are you kidding me?” I said “No.” My father told me to go home and try to tell the social worker the next day.

On Saturday, I went to tell the social worker about my condition, and she told me, “Just go out and tell your friends.” I told them. They trusted me! We played together at that time and I could run faster and I had an opportunity to show my chest. I tried to run 100m in 20seconds, and I did it!

I knew being a boy is fun, but I didn't want to be a boy forever because I could not go to school, “I don't want to be like that!” I said.

I woke up, and I knew it was a dream, I am a girl, but I'm late! Today is a school day!

I would be happy if I were a boy, but I just want to be a girl for now and forever.



## **Oh my god! I have become a boy! 3D Lopes Jennifer Antonia**

“Oh my god! I have a boy!” I looked at my hairy legs and touched my little beard on my chin. I felt the Adam’s apple in my throat while I rushed to my home’s toilet from the living room. “What the heck?” I shouted. I became a boy. I did not know who he is, I was scared. I kneaded my eyes ten times to try to wake up, but it didn’t work!

While I was waking myself up, a wallet fell from my jacket. I opened it, trying to find something that can tell me who I was. I found an identity card and student identity card of Fanling Lutheran Secondary School. “Oops! The same school as me?” I started to check the schedule. “Today is Thursday. I still need to go to school.” Therefore I set one hour for tidying up myself and packed my textbook in my schoolbag. Everything just took me fifteen minutes! What a wonderful thing for me. So I went out to school. While I was waiting for the bus, more people came. When I wanted to turn around and look for the bus, a man, who was in front of me, turned around and his elbow bumped my chest! I was terrified and wanted to shout out. If I shouted at him, I would get into trouble. So I just kept quiet and then got on the bus.

I saw the image on the glass. I saw a man, that’s me! My brain was enlightened by the image. I had forgotten that I was a boy. Hence, I didn’t need to worry about the man bumping into me. At that time, my mind felt like being released from jail.

I put on my headphone and listened to the music. There was still an hour to go before I reached school.

“Hey! Daughter! Wake up! Wake up! I heard my mum was trying to awaken me. I was thought, “What were you talking about? Daughter? Daughter?” I woke up quickly. I touched my chin and there wasn’t any little beard. My legs were no longer hairy and my throat didn’t have an Adam’s apple anymore! I found that things that happened to me were just a dream! I became to be a girl again.

In fact, I should feel happy. But I still missed the time to tidy up myself and didn’t need to worry about males bumping on my private parts. I can’t help saying “I would be happy if I were a boy.”



## **An informal letter 4A Tony Man**

Dear Tracy,

How are you? It has been ages since we last met. A lot has been going on since you moved to England. And lately, I had a substitute English teacher because my English teacher had to go on a short trip for a meeting. At first, it was quite creepy because my classmates and I did not know what we might be doing and we were quite worried that the teacher would waste our time, but it turned out to be fun and fascinating. There were different sections in the class, and two of the major ones were the poetry part and the song part.

As I said before, we were all perplexed as we were waiting for our English teacher, as we actually didn't know that our teacher had to go for a meeting. How befuddled we were! Then a man wearing just a simple T-shirt and a pair of jeans walked into the class and broke the silence. 'Hi everybody, your English teacher could not attend this class today, and so I will be your substitute English teacher', said the substitute teacher. He then walked directly to the computer, typewrote a lot of stuff and then faced us and said 'I know there should be a reading test today, but instead of that, I would like to share with you guys some songs and perhaps some poems. Don't tell your teacher what I am going to say, but I know how dreary it is to be doing tests and quizzes all the time!' As we all talked and laughed, a fruitful lesson was awaiting us.

The first song we listened to was "I Want to Hold your Hands" by the Beatles. Most of the songs were actually back to 1960s. The substitute teacher wanted us to know more about the history of the musical world rather than merely listening to modern pop music which students are mostly fond of. 'I thought love was only true in fairy tales. Meant for someone else but not for me...' We also heard "I'm A Believer" from the Monkees. It was quite exotic in that particular class of the day. Listening to all those songs back in 60's and 70's, it felt not only that we were in another country, but we were back in time! Besides, we learnt a lot of vocabulary as well!

'Alright, alright, we have to move on now. Students who wish to listen to more of those songs can find them online. For now, I would like to share with you all some poems.' There was an outbreak of silence as he paused and he started again, 'We all have heard, read and even written poems, but do you know what it takes to be an ideal writer? Writing poems are not just to put words together that rhyme, it requires the emotions of a



writer, and of course, adding up some fancy words.’ And so we started to read poems, from modern poems to old western ones. I never knew reading poems could be so intriguing. We learnt so much about poems, and we learnt the types and the patterns of a poem.

Between the two sections of the class, the poetry part won over me the most. I never knew that a writing less than ten sentences could express so much emotion and so many thoughts. Some poems were so difficult to understand that the substitute teacher had to explain each sentence. How could something simple like that be so complicated! At the same time, it is just so mind-boggling thinking of it. And I think that’s true. What makes human complex is that we are emotional beings. And that’s how I learnt that if you don’t devote your emotions into your writing, the writing would be tasteless and cannot be easily digested.

What an unforgettable lesson it was! It’s really a pity not having you with me then. But still I would like to share a poem with you, which was written by William Allingham.

Four ducks on a pond,  
A grass-bank beyond,  
A blue sky of spring,  
White clouds on the wing,  
What a little thing  
To remember for years –  
To remember with tears!

I’m looking forward to seeing you. I hope we can both find time either having a lunch or just to grab a drink!

Your friend,  
Chris Wong



## **An advice letter 4A Yuen Tsz Ki**

Dear C,

I am so sorry to hear what you have experienced at school. I understand what you feel since I was a victim of school bullying once. You shall not panic, I'm sure that we can find a way out together.

First, you have to accept who you are, every single person is different and that's why this world is full of fun, right? You don't have to fit in the "Cool Kids" because it doesn't make you happy. What you need to do is to love yourself and have faith so that you can have a positive mindset to face difficulties. Moreover, you don't have to limit your social life to certain girls, you can make friends with teachers, your parents and even your pets. Life would be so much easier if we know how to let go. Maybe the situation you're now facing is hard, but remember, when it is dark, look for the stars, when it is rain, look for the rainbow. Don't cover your hope and light by your sadness, life is full of possibility.

Besides, seeking help is another way to solve the problem wisely. Although it is take the first step, it would be so much easier and smoother if you do so. I remember when I was a teenager, I was a girl without confidence because I had been been cyber bullied. I was not a human. I was a soulless zombie back then. I am glad that a teacher noticed my problem and saved me from hell. I found my value again through the counseling service and I wish you can be brave enough to seek help so that you won't have such a horrible memory in high school. Our school provides counseling services, you can seek help from teachers and professionals effortlessly.

Finding hobbies and setting goals would be beneficial to you. A massive success is the best revenge. I suggest you develop your interest and put effort to work on it so that you can distract yourself while having fun. It is healthy for you to build up confidence by focusing on interest. Sport might be a good choice. It can heal your body mentally and physically. Yoga and taekwondo are some sports that might help you relieve stress and bring you into a state of mental calmness and clarity, so that you can face problems with a clear, smart brain.

I believe that being strong is the most important element to face bullying. It is not easy to be against the bullies. I suggest you listen to some music which can encourage you to move on and stay strong. "so keep holding on, cause i am here for you, here for you."



These are the lyrics from my favorite song *Keep Holding On*. It can motivate me when I struggle with problems. I am sure that you will feel so much better after listening to this kind of music. Moreover, you can search some information about some celebrities who have experienced the same issue like you to encourage yourself. For instance, Lady gaga was bullied because of her outstanding talents and different sense of style once, you will accept your differences after understanding how they faced pressure and became a shining star. You must learn a lot from them.

C, a bigger storm creates a prettier rainbow. You should believe in yourself. It is your freedom to love what you love. Be confident and love yourself. You can do it! ☺

Yours,  
Chris





## **A wild day 4A Konishi Kohei**

‘Are you alright, little darling?’ Chris’s mum asked me, ‘I heard the news that a wild monkey ran away from the zoo which is close to your school, I’m so worried about you.’ ‘I am alright mum. Thank you. I want to say that I met a new friend today. It was really wonderful!’ said Chris.

It was Friday, when Chris was having his Chemistry lessons, he looked out of the window and was daydreaming ‘Boring, it’s really so boring,’ Chris talked to himself ‘Our teacher is sick today. No lesson today!’ said Mario. ‘Do you have your phone now, Mario? I want to play some games,’ asked Peter. Suddenly, Chris saw a black monkey looking at him outside the window. ‘Hey everyone! Look at that! There is a monkey!’ Chris shouted. All students looked at the window at the same time and they were all surprised. ‘Let me see. He isn’t scary. Let him get in. It’s dangerous outside!’ said Mary. She opened the windows and the monkey got into the classroom. Everyone went close to the monkey and took a look of it ‘It is real, man. Hi little monkey. Where did you come from?’ Mario talked to the monkey while he was eating a candy. The monkey was looking at him. ‘You want candies... and here you are,’ said Mario. The monkey ate the candies happily ‘He looks so friendly, doesn’t he? How should we call him?’ asked Peter. ‘Let’s call him Candy, he likes candies so much, right?’ said Mary. ‘That’s not bad, huh?’ everyone replied. Candy became their friend.

At lunchtime, when Mario, Chris and Candy were having their lunch, everyone in the canteen peeped at them. ‘That’s a monkey right? They are crazy, aren’t they?’ said one schoolmate. ‘The monkey looked so cute,’ said another schoolmate. Mario and Chris ignored them. Chris and Mario looked at Candy and saw that Candy was fed by the students around him. They wondered why Candy could eat so much. After that, they went to play basketball. Many schoolmates joined them because they wanted to play with Candy. Candy could play basketball well. Teachers and students were impressed about it. Everyone played with Candy happily. He became the basketball star in Chris’s school.

Suddenly, some people in uniforms got into school. They were holding some tools for catching animas. When Candy saw them, he tried to escape. But finally he was caught. ‘What are you doing? Why do you guys catch him away? He has done nothing!’ asked Chris. ‘This thing escaped from the zoo, we have to get it back,’ said one of the men. ‘Hey! He has a name called Candy,’ Mario shouted. ‘OK.OK. We will leave now,’ said a man.



These people locked Candy in a cage and left. Everyone felt disappointed, especially Chris and Mario. After that, they had their lessons again.

‘That’s a sad ending. Candy was so friendly .He escaped from HK Zoo right! Why don’t you go there and visit him?’ asked Chris’s mum. ‘Yes that’s right!’ said Chris. He went to HK Zoo the next day. When he walked through the Monkey Path , he saw a monkey waving his hand to Chris. ‘Candy!’ Chris shouted loudly. Chris ran to the area and met his good friend Candy again.



## The Quiet Reaper 4B Kwong Tsz Shing

It was just an ordinary day. John and his friend, Joe were having an English lesson. Unlike other students, John and Joe were not very hardworking. All they would do in class was to talk and play together. Teachers usually could do nothing to stop them.

"Hey Joe, look! There is a helicopter flying over the school," said John.

"Quiet John!" Mr Chan shouted sternly to John.

"You can't tell me what to do!" said John.

"Either you be quiet now or you're going to be quiet outside!" Mr Chan scolded in frustration.

"Shut your mouth!" John fiercely screamed.

"Be quiet", Mr Chan said in a low voice calmly.

It was at that time John knew he was in deep trouble. There were rumors about The Quiet Reaper, called upon by caretakers to silence bad children. The Quiet Reaper would do gruesome and horrible things to silence bad children depending how much they resisted, ranging from simply cutting off their tongues to grinding them into meat sauce. The Quiet Reaper would be summoned by including the word "quiet" in three consecutive sentences while a child is being rude to them.

The skies turned dark and heavy rain came, thunder started to strike down. A grin appeared on Mr Chan's face. Out of nowhere, a cloud of black smoke popped out and engulfed the entire classroom. The smoke gathered next to Mr Chan to form a hood figure.

"Who called upon the Quiet Reaper?" spoke the figure. Mr Chan pointed towards John and whispered to the figure, "Silence him." And the figure nodded. And so, the figure walked toward John while unsheathing its sword. John trembled at the sight of the Quiet Reaper, he panicked and rummaged his bag for something he could defend himself with. John managed to find a box cutter, but it was too short, the reaper's sword would get him before he could even make a move. John had no choice but to throw his only means of defense at the reaper.

Woosh! John threw his box cutter, he missed! Instead, the box cutter hit Mr Chan and blinded him. John knew he was finished, the reaper was right in front of him.

The reaper stared into John's eyes and John whimpered until the reaper dropped his sword, the reaper's hand let out smoke to craft a spoon. Then the reaper grabbed John and forced



the spoon into John's eye sockets to gouge his eyes out.

John cried for help as his classmates watched John's cruel fate. Moments later, the reaper vanished in black smoke and all John could see was none.

From that day onwards, no student has ever dared to do anything bad to Mr Chan, not even something as little as looking at him the wrong way, lest they be silenced by the Quiet Reaper.



## Short story writing 4B Hwang Sau Yin

Giselle, a princess who accidentally came from her fairy tale world to Hong Kong, arrived at FLSS.

‘OMG! Where am I? What's that?’ Giselle felt very curious, and she couldn't stop looking everything surrounding her. She knew FLSS is a secondary school; she started to walk around with fear just because she didn't know anything!

‘Wow!’ Lily, a student who saw Giselle, said, ‘why are you wearing a wedding dress? So weird to see it at school!’

‘I'm Giselle. I'm so confused. Why have all the things changed?! ‘

‘Well, I want to ask you a question - do you know where it is here? Why are you here?’ Lily said.

‘I am going to get married with Edward, but there's an old woman telling me that there's something under the wishing well, but I can't figure out why she pushed me into it! Then I came to here, in front of you.’

After Giselle told Lily about her experience, she decided to take her to walk around the school, and talked about her experience and things in the 21<sup>st</sup> century. Lily's English teacher saw Giselle, and asked Lily who she was and why her appearance looked so weird. Lily told her English teacher, Ms.Lee, but Ms.Lee told Lily ‘She's not a normal person, she must be a psychopath! How could it be possible? Lily, stay away from her, she might hurt you!’

But Lily chose to trust Giselle. Unfortunately she couldn't help Giselle explain to Ms.Lee. Ms.Lee called other students to take Lily away from her. Giselle couldn't stop Ms.Lee from calling the police and she was very afraid. No matter what she said, there's no one who trusted her except Lily. Then Giselle fainted with fear.

‘Giselle? Can you hear me? I'm Lily!’

‘Where am I?’ Giselle said.



'In my class. You just fainted downstairs. Did you lie to me? Or are you just telling the truth?'

'Of course it's the truth! Why do I need to lie to you? I'm looking for my sweetheart, Edward. Have you seen him? Oh I believe that he will come and save me from this strange place because he loves me.' Giselle said. 'Okay, but I've never seen a man who is also from fairy tale. I'll take you to the computer room! I'll show you the functions of computers!'

'This is a computer, a high- tech product, you can do a lot of things such as.....' Lily told Giselle a lot about new technology in the 21<sup>st</sup> century. Giselle feel amazed by them.

She thought everything on the computer was unbelievable and she was still thinking whether everything was imaginary.

The nightfall was coming; Giselle didn't know where she could go to stay. She asked Lily if she could go home with Lily. Lily was supposed to let her find a hotel or stay at school hall, but Lily thought she was really a princess, and Giselle was very friendly and kind, so Lily chose to take her back home until her soulmate, Edward would find her eventually.



## **A short story 4B Ma Suet Yi**

After a busy school day, I stayed at school to finish my homework. It was a long day! When I was packing my school bag, I heard a loud sound and I saw the ditch was opened. What happened? I asked myself. Suddenly I saw a woman come out from the ditch in a wedding dress. I couldn't believe my eyes, a woman come out from the ditch!

She tidied up herself, she was so pretty, with beautiful eyes. And she was looking at me. "Oh hello, I'm Giselle. I think I've got lost. Can you help me to go back to the castle?" she said.

"Castle? What castle? This is Fanling Lutheran Secondary School!" She was confused. A wedding dress, castle, wedding, little crown. This meant that she was a princess. "You are Princess Giselle?" I was shocked. "Yes, I am. Can you help me?" I couldn't believe my eyes! A fairy tale character was in front of me!

I gave her my PE school uniform, and explained to her where she was. "So now, I'm a normal person, not a princess? Okay." She started to believe what I was talking about.

And the sun went down, we needed to leave. When I was switching off the light, coincidentally, my class teacher, Miss Chan was coming to lock the classroom. She was thinking who this pretty girl was. "Hello, I'm Giselle, nice to meet you!" She broke the silence.

"I'm Miss Chan, nice to meet you. Ariel, why are you still here?" I don't know what I should do, tell the truth or lie to her?

"Ariel, I think we should tell her something." Giselle said.

And we stayed at the staff restroom, and explained what had happened. "It is unbelievable!" Miss Chan said. We showed the wedding dress and little crown to her, and took her to the ditch where Giselle came from. "Nothing is impossible!" I used the words that Miss Chan always said.

After a while, she said "How can you get back to the world you came from?" "I don't know, maybe I need to wait for my prince to save me." Giselle said. "But now you need to save yourself! Not the prince!" Miss Chan said. "Miss Chan, can you find a place to let



her sleep tonight?”

We arrived at a small house in the garden. Giselle stayed there that night, and the next day was Saturday, just few students would go to school.

The next morning, I went to school to meet Giselle, and brought her some clothes. We three discussed that we needed to help her to find a job. “I remember our school needs a NET.” Miss Chan said. “Yes, being a NET is not a problem. She knows how to teach people, right?” I asked Giselle. “I think I can handle it.” Giselle said.

After a few days, Giselle become our NET successfully. And no one knew Giselle was a princess, apart from us. She was so popular in school. Everyone loved her so much.

Yet, one day, Giselle was suddenly gone. She just left a letter to us. She said “I’m sorry about having to leave so abruptly.” No one knew where she had gone.

Two weeks later, there was an old woman looking for Giselle. The old woman said she was her mother. But we knew the fairy tale, and this woman was the witch. We asked her to leave. When she was leaving, she left one message, “One day, she will come back here, and I will know that.” And she was gone.

One month later, Giselle was back. She told us she found the way back the fairy tale world, and she found her prince. Suddenly the weather changed, the sky was dark. “She was coming,” Giselle said. I didn’t know what was happening. I saw Giselle was praying, but I didn’t know what she was talking about. The sky was dark, and a lot of people fainted.

“There you are.” Witch said.

“You come for me, not them! Let them go, don’t hurt them!” Giselle said.

“The game is over, it’s time to lock you back in the tower.” Witch said.

“You can’t catch me.” Giselle said and she was gone.

“Don’t play the hide and seek. You’ll never win.” Witch said and she started the game.

After a while, the witch found Giselle. “My little girl, are you ready to go back to your tower?” Witch said. “No! You can never get me!” and a sword was stabbed into the witch’s heart from her back. “No! It won’t happen! It won’t happen!” The witch said. “It happened!” a male said and he pulled out the sword. The witch was yelling “No!” and she was gone. The sky turned normal, the sun came back again.





“Thank you so much, you saved Giselle and me, I can’t live without her!” The male said.

“We didn’t do anything, it’s alright.” I said. “They will wake up soon. And we must leave now. Ariel, thank you so much! You’ve taught me a lot. I will be back, I promise.” Giselle said. “Take care!” and they were gone.

A few years later, I saw a little girl with beautiful eyes, and looked so pretty, and she knew my name as she called me ‘Auntie Ariel’.



## **A short story 4E Wong Wai Ying**

When I came back to the student hall, it was empty. Just as I was about to leave, I spotted a piece of paper with the words 'I am leaving, never find me' on it.

I sneaked out of my room. I could not wait any longer to express my happiness. I went to the restroom and locked myself in one of the cubicles. I said to myself 'Is that real?' A smile stretched my lips. Then, my face beamed with rapturous delight. I took out the paper and read it with gratefulness as if were a gift from God.

You might ask 'Why do you look delighted when your roommate disappeared?' Actually, my roommate was notorious and infamous for her terrifying roar. Her savage temper always annoyed others. We always stood aloof from her just for avoiding the contact with her and named her 'freak' privately.

The most terrible thing is, she attempted to get close to me! Could you imagine how disagreeable she is? Anyway, her departure really deserves everybody to celebrate.

Recently I heard that her boyfriend broke up with her. I guessed it was the reason for her departure. Maybe she was sad and trying to end her life by committing suicide. Perhaps she only decided to leave this sorrowful place which brought her enormous stigma and pain when she broke up with her boyfriend.

Suddenly I noticed something near the bed. It seemed that it could clear up my fog of confusion and let me find the hidden answers. As I drew nearer, I saw it to be the figure of paper. I picked up the paper and read it carefully.

'Mary, I can't bear all your self-willed behavior anymore although you are my love. Let's break up. I believed that you will find someone better than me, by Gordon'. As expected, Mary was casted off by her boyfriend. I heaved a deep, heartfelt sigh. If only she was not such an inconsiderate girl! Everything will change or we even can be friends. However, time will not be back and people should move on to face reality. I closed my eyes and recalled the memories we had.....

'What are you doing?' asked the impatient female voice outside. I opened my eyes and my body was trembling. It seemed that my nightmare was back.



## A Letter of Advice 4E Luo Jing Hong

Dear Mary,

How are you? I'm so sorry that you have felt suffocated and depressed recently. Trust me, I can completely understand how hard it is to prepare for the DSE. Maybe some of my advice might help you release your stress.

Firstly, you could create a revision timetable. You may have realized that it is hard to manage so many subjects because you do not know how to do revision systematically. When you divide your time up properly, make sure each subject has the right amount of revision time and do your revision step by step. I'm sure you won't be stressed anymore. Actually, this strategy is very effective for me. In the beginning of S.4, my feeling was similar to yours. I was anxious about my studies. Therefore, I created an organized revision timetable. I have been doing revision 4 hours every day and 5 days a week since then. I can study with much confidence now and my grades have improved too. One more thing, don't forget to take a break to refresh yourself after studying for a long time.

Secondly, doing exercise can help you relax, too. Have you ever felt weak and sleepy while doing your homework? Maybe it's because your body lacks exercise. Doing exercise will make our body release endorphins which will make you feel happy and relaxed. Also, you will have the opportunity to communicate with your friends while doing exercise. Maybe you will meet more friends, who can tell? I know how much you love the countryside. You may consider going hiking at Sai Kung with Jack and Mary. I'm sure you don't need me to explain how magnificent the scenery of Sai Kung is. You may also share your experience with them or talk about your stress. Maybe they have ideas to solve your problem.

Last but not least, eating healthily will make you feel energetic. Having a healthy body is the key to having an enjoyable life. It also helps you focus on what you are doing. In another way, eating healthily can build up your resistance and strengthen your immune system so that you won't be sick easily. Also, you may want to lose some weight, do I need to mention how heavy you are? Just kidding, but it is true that having a nice body shape may help you meet more friends. Guys will be impressed. Maybe you can get the attention of your dream lover. You know what I'm saying. Eating more fruits and vegetables is a good option. Scientists have discovered that eating vegetables can get us more dietary fibers which can help us lose weight. Besides, you may follow the instruction



of the food pyramid. The food pyramid can help you understand and improve your eating habit. I'm sure that you will feel energetic after improving your eating habit.

I hope that my advice can help you relieve the stress from studies. Please write to me if you have any problems. Remember, I am always beside you.

Love,  
Chris



### **Take Responsibilities!**

It's time for voluntary work again! Have you ever paid attention on what's going on in Hong Kong? Or you'll just turn a blind eye? Sure you won't! Want to contribute to the society in some exciting and remarkable ways? Here are some ideas!

Coming up the first brand-new activity is named as "Free the Ocean". It is jointly held by the Student Union, Geography Club, Science Club and Social Service Team. The dirty coasts or beaches have deterred you from enjoying it? We're here to take care of it! In this activity, participants are requested to pick up the garbage along the coast and beaches. This rubbish has ruined the breath-taking beaches and led to the hatred of citizens, and it has damaged our environment badly. Every participant will receive a pair of flip flops. It symbolizes the joyful and relaxing atmosphere we'll have on every beautiful and clean beaches. The event will be held in Tuen Mun and Jone's Cove in Sai Kung. The Golden Beach in Tuen Mun is notorious for its unclean and polluted coast with rubbish floating along it, so it needs our help! Jone's Cove in Sai Kung is famous for its biodiversity upon the sea bed. Over 78% of its sea bed is covered with coral. We have to step out to protect this precious place. It'll be held from 10:00am to 6:30pm. After a day of hard work, participants can enjoy the marvelous dawn on the cleaned beaches. It is definitely a good action to take to protect our environment and it will surely be an unforgettable experience!

The next event is called "Bring Hope!" It is jointly organized by Social Service Team, Arts Club and Sports Team. Participants will have to participate in a Marathon Run with glowing suits and glowing pigments covering our faces. The bright and fascinating neon lights which come from us represent hope and joy. The run will be held between the North District Park and Fanling Wai. The complex landscape and maze-like path in the night is like we're confronting the adversities in our life, but we'll never face it alone. It will be held from 7:00pm to 11:00pm, so the darkness allows the glow of our suits. This run is an exemplary one illustrating the importance of sports and always carrying hope is essential for us. All income from this event will be donated to the orphanages in Hong Kong.

As a student of the Social Service Team, it is our aspiration to make our society better. We never succumb to the adversities, but face them. Step out and take responsibilities with us!



## A letter of Advice 4E Li Hoi Sen

Dear Frustrated Tracy,

I understand you have a lot of pressure and I'm glad that you are willing to share your frustration and sadness with me. This will help you overcome the adversities that you are experiencing. So don't be disheartened. Let's face our obstacles bravely!

It's nice to see you working hard as you passed all the tests. Actually, you shouldn't push yourself way too hard since it's just your first-term test. Also, time is needed for you to get used to the brand new curriculum. Why don't you relax a little and stop aiming too high? Finding the balance between relaxation and study is necessary, or time will be wasted and your hard work will just become ineffective.

You've mentioned that your parents expect you to become a doctor in the future. But it's your own future we are talking about, isn't it? So what you should do is to ask yourself: what are your interests? What and who do you want to be? If you have the answers, follow your heart and make your dreams come true. You will find yourself having more motivation and energy to follow your heart and fight for your own future, not just something told by your parents. This kind of mindset is paramount for you to deal with your elective subjects. If you like the subjects and want to keep studying them, then you should. Actually, they were chosen by you and they were your own decisions, right? So try not to give up on what you've decided so quickly.

To face your dad's temper, you need a lot of manner and patience. You should discuss with him your study and your future with great respect and tell him your true feelings. Through this, you will win his understanding and support. Also, you should tell your parents the obstacles in studying so as to see if they can help. To take extra lessons should also be considered as you can have better concepts about the things you're learning.

Is it possible that you are too sensitive when facing the issues in your class? Some boys may call you names just because they want to attract your attention or they aren't even aware that they would offend you. So you can frankly tell them that you don't want to be called like that but look forward to making friends with them. Also, try to be more friendly and outgoing. I'm sure you will settle well soon. The connection with your old friends should be bonded tightly at the same time. Eventually, you will gain a fulfilling experience at school.



As long as you don't lose heart but keep holding on, I'm sure you will settle well in your Form 4 life. Then, all the worries, illness will be gone. You will be no more frustrated, will you? Anyway, if you have further problems, just tell me and I'll try my best to help. I hope you will become cheerful Tracy really soon.

Yours,  
Chris



# Amazing Hong Kong 4E Luo Jinhong

## Amazing Hong Kong

As a financial centre of the globe, Hong Kong not only shows its achievements in finance and commerce, but also its unique advantages in tourism. The combination of western and Chinese cultures, magnificent attraction and delicious cuisines make Hong Kong a traveling destination you cannot miss.

First of all, Hong Kong is a city which combines western and Chinese cultures. Tourists can enjoy different kinds of cultures by going to one place. Hong Kong used to be a colony of the United Kingdom, after Hong Kong was returned to China, many western buildings still remain in Hong Kong. What's more, many schools, streets and facilities are still using western names such as Nathan Road. As for Chinese culture, tourists can visit some temples, old buildings. I am sure that tourists will be surprised by the combination of western and Chinese cultures. If travelers stay in Hong Kong for a period of time, they may even celebrate Christmas and Chinese New Year in the same place. I am sure that will be an unforgettable experience.

Secondly, Hong Kong also provides lots of magnificent attraction such as Victoria Harbour, the Peak and so on. Hong Kong is a blessed city as it combines beautiful ocean and magnificent high mountains which provide a magnificent skyline. If you go to Victoria Harbour at night, you will be highly impressed by the light show, Symphony of Lights. If you come to Hong Kong with your lover, I am sure that it will be the most special night in your life as the scene is so romantic and unforgettable. Apart from the Victoria Harbour, you may go to the New Territories and enjoy some local attractions. For instance, you can go hiking, cycling, have an eco-tour in the countryside.

Last but not least, apart from being a financial centre, Hong Kong is world-renowned as a shopping paradise and its delicious cuisines. Hong Kong provides goods in a wide range of prices, brands and styles for you to choose. After shopping, I bet you are so hungry, right? I am sure that our local cuisines won't disappoint you. You may taste egg tarts, fish balls and different kinds of local snacks. Even if you don't enjoy the local cuisines, that's fine, you can try different kinds of cuisines from all over the world, from Thai to Japanese, from Italian to Korean, I am sure that you must find a type of food that suits your taste.

Hong Kong is a historic city which has its story and unique culture. Apart from these





attractions, Hong Kong also has its historic value. Hong Kong' achievements are built by countless hard-working people. The Pearl of the Orient changed from a small fishing village to a financial center. I am sure that there are many meaningful things that worth discovering as long as you are willing to find out.



# MOBILE EATERIES SA LEE HO MAN

## **The mobile eateries-beneficial or harmful to us?**

It is not difficult to see food trucks or mobile eateries overseas and it is gaining popularity considerably over the world in spite of the fact that the concept was introduced in the late 1980s. Therefore, our financial secretary has recently suggested a food truck scheme. It appears that it can benefit the locals and attract more tourists to the city. However, some critics suggest that it may aggravate traffic congestion and create gigantic financial burden on the government. It is believed that there are both pro and cons of the scheme.

The first and foremost advantage of the scheme is that the citizens can take advantage of the scheme. In Hong Kong, most restaurants in each district are chain-eateries, such as Café de Coral and local eateries. The choices of food offered are mostly the same in each menu; therefore, the public tends to find it tedious. The food trucks may sell extraordinary cuisines and dining experiences to the locals and increase their choices of dishes. What's more is that the residents in remote and rural regions can have the opportunity to try something different from the local eateries. Therefore, it is advantageous to the members of society.

Apart from having more choices of cuisines, food trucks also serve as a tourist attraction in the territory. The number of tourists started to plummet in the last five years mainly because of insufficient sites. As food trucks become more common, tourists will accept the concept and go shopping and dining near them, boosting the economy of the food industry. Better still, Hong Kong is long regarded as a food paradise having a wide variety of eateries and restaurants. Since the government has put a halt in licensing hawkers, there is a shortage of mobilizing hawkers providing cheap and authentic food. These may restrict the selection of choices for foreigners and stop them from coming to Hong Kong. Food trucks tend to balance the above-mentioned trends and appeal to holidaymakers. This is to a certain extent hooking tourists on.

Beneficial as it seems, the shortcoming of the plan should not be neglected. Food trucks may cause traffic congestion in some major avenues of the city. Since the roads in the urban area are narrow and there are cars rushing to destinations in rush hours or during holidays, streets are packed and tightened. If a food truck stops at a busy road, say Nathan road, it may cause a traffic jam and drastically reduces the flow of cars, wasting one's time. Worse still, the packed road will also increase the chances of traffic accidents.

What's more is that food trucks will exert a tremendous financial burden on the government. It is reported that trucks cost approximately 1 million dollars and the government will sponsor 80% of the



total fee for purchasing the trucks. Though the government has a surplus of over 68 billion dollars, the car still costs a relatively a large amount of money. In addition, the government has to send their officers to supervise the operation of the trucks. These certainly exert a tremendous burden on both human and financial resources.

All in all, the scheme is good for locals and tourists; however, the practicality mainly relies on the collaboration of the owners, citizens and the government. All of the stakeholders should put themselves into one's shoe and find a method to strike a balance among the need of all walks of life. Under this circumstance, I believe that it is advisable to enact the scheme for the sake of society and holidaymakers.



# A LETTER TO THE EDITOR<sup>5A</sup> CHAN LOK TUNG

Dear Editor,

I am writing to express my concern over the phenomenon that primary school students nowadays are given too much homework. When I was a primary school student, I did not have too much homework to do and I could enjoy my spare time on developing my hobbies. However, I notice that students' academic life is not as interesting as mine, my brother who is now studying in primary school has been given a lot of homework to do and it takes a long time for him to finish his homework. I think this phenomenon has become more common and we should never overlook the problems it creates.

In my opinion, there are several reasons resulting in this phenomenon including the education system in Hong Kong as well as the fierce competition among students. First of all, the examination-oriented education system leads to the increasing burden on students. Because of this kind of education system, primary schools, parents and children are overemphasizing their academic results. They want to strive for excellence and attain better grades in exams, so they are willing to obtain more knowledge as soon as possible. As a result, primary school students' workload has been more tremendous, they have to do more homework, acquire more knowledge and have a hectic pace towards learning. And finally these factors bring about this shocking phenomenon in society, the students have to sacrifice their precious time to finish their schoolwork, some of them even burn the midnight oil.

What is more, this phenomenon also results from the fierce competition between students. Hong Kong is a knowledge-based society; people who are equipped with more knowledge and possess a competitive edge can have a better career prospect. Not only do primary school students want to possess more advantages, their parents and primary schools also wish them to gain more competitiveness for the sake of their future. Many parents strongly believe that they may miss a lot of chances of becoming successful if they cannot sharpen their skills. Thus, parents want their students to become good examination-takers and then they force primary schools to expand and add more parts in their curriculum, which aims to help them be equipped with better examination skills, creating heavier workloads on primary students.

Nevertheless, we should never overlook the corrosive effects caused by this phenomenon. For instance, it is detrimental to children's health and it hinders them from being all-rounders. Because of the tremendous workload, they have to spend long hours finishing their homework, and they are likely to suffer from some illnesses such as headaches, short-sightedness and so on, which are hazardous to their physical health. Also, it is also harmful to their mental health since they have to finish large amounts of homework every day. A heavy burden and unbearable stress make them drained, frustrated and anxious. Furthermore, if there are too many questions they cannot answer and thoroughly understand, they will



have low self-esteem. Imagine that all your classmates are able to follow the pace of curriculum, while you are not, then how upset and disappointed you will be. In the long run, the phenomenon of having too much homework to do may also pose a threat to students' health mentally and physically.

In addition, it may also hinder them from being all-rounders. As we know, there are many primary students spending most of their time doing homework, so they do not have adequate time to communicate with people from all walks of life and develop their interests and abilities such as their aesthetic development, physical development and their understanding of the globe. They would miss the chances of being all-rounders who should be equipped with a wide range of skills. It would be difficult for them to adapt to the life in the future.

To remedy these problems, I believe the government should emphasize all-rounded abilities, not the academic results in the curriculum. So parents and schools should never force them to become test-taking machines. Otherwise, this phenomenon will be more and more serious.

It is hoped that primary school students can no longer need to finish too much homework or even burn the midnight oil, but to have much more quality time developing their hobbies and enjoying their incredible childhood.

Yours faithfully,  
Chris Wong



# KOREAN POP 5A LO PUI SANG

## **Bimbimbap**

Korean pop culture has gained popularity in recent years, from K-pop songs to Korean food. With reference to this, I suggest including Bimbimbap, which is Korean stone rice, in the menu. There are various ingredients served in the stone rice, such as egg, kimchi, radish and beef. This allows students to achieve a balanced diet since there are all kinds of food that provides different nutrients, making the meal nutritious. The egg provides protein; the radish provides vitamins while the rice provides carbohydrates for the students' growth, empowering the students' energy to use. In terms of taste, the spiciness of the kimchi would definitely spice up the dish. As a result, I suggest adding Korean stone rice in the canteen menu, with regards to the taste, health benefits as well as the popularity.

## **Boiled chicken**

More often than not, students would have lunch in KFC. The fried chicken is often the reason why they are lured to KFC. However, as we all know, deep-fried food is unhealthy since lots of the nutrients are lost in the high temperature frying process. Therefore, I would like to include boiled chicken into the menu. Instead of adding additives to it, we would substitute additives with salt, sugar and basil leaves as flavorings by marinating the chicken with them. Also, we will not be deep-frying the chicken, but to boil it so as to preserve most of the nutrients in it. The juiciness of the chicken would be retained by boiling it. As for the nutritious value, chicken is high in protein, which helps the growth of muscles, which is beneficial to student's physical development. All in all, boiled chicken will be included in the menu due to health benefits, taste as well as the popularity.

## **Mixed fruits smoothie**

How can we not include healthy drinks in the menu? Mixed fruit smoothie is a mixture of fruits, mostly berries, and yogurt. The sweet and sour taste would definitely entice students to drink it. Regarding the nutritional values, yogurt contains beneficial bacteria, which is advantageous to our intestines. Also, the berries in the smoothie are high in antioxidants, meaning that there will be a lower chance of having free radicals in body cells. Therefore, it has a wide range of health benefits. Apart from it, the smoothie is also suitable for vegetarians. There has been a sharp increase in vegetarians in school, and this drink would cater for their needs. All in all, I suggest adding mixed fruits smoothie as drinks in the menu owing to the health benefits, popularity and the taste.



# FOOD TRUCKS IN HONG KONG 5A NG PUI LAM

## The Pros and Cons of Food Trucks In Hong Kong

Food trucks are vehicles that stop on roadsides and equipped to cook, store and sell food in various places like in the U.S.A. and European counties. After a trip to the U.S.A., Mr. Tsang, our financial secretary, proposed introducing food trucks to Hong Kong. However, I think that this scheme has both its benefits and downsides and we need to weigh in both.

Firstly, introducing food trucks is a convenient way to create more job opportunities for the public. Since Hong Kong rents are one of the highest in the world, many catering businesses have to close down. For instance, a Michelin one-star noodle shop had to be shut down because of the increasing rent. However, food trucks do not have such problem because the vehicles tax of Hong Kong is rather lenient, and thus business owners pay less money for opening a food truck than renting a place for business. Aside from that, since food trucks are known for stopping on roadsides, owners can drive food trucks to various places to sell food, thus increasing their business and making more people to join catering businesses because of the foreseeable opportunities to strike big. Therefore, food trucks are a beneficial way to introduce job opportunities in Hong Kong.

The second upside of introducing food trucks to Hong Kong is that it can boost tourism in Hong Kong by introducing local snack food in tourist attractions. In most tourist attractions in the world, it is common to see hawkers selling local refreshments to tourists. Not only can they save time for tourists to find decent eateries which are often far away from tourist spots, they also introduce them to the local culture and history of that place. As Hong Kong's traditional food stalls become fewer and fewer, food trucks can be a new way to show our food culture to both tourists and citizens alike, and make them appreciate the flavorsome street food of Hong Kong like sweet egg puffs, stinky tofu and spicy curry fish balls. Not only can it preserve Hong Kong local food history, it also shows that Hong Kong is more than just a shopping paradise; it is also a street food paradise too. Thus, introducing food truck can boost Hong Kong's tourism.

However, even though food trucks bring many benefits to Hong Kong, there are also many problems that the government needs to tackle before its implementation to the public, namely the support and management problems of food trucks and the questionable quality of hygiene.

Food trucks in other places often have a clear and detailed network before starting the scheme, such as where food trucks can sell their food and where the owners can buy the equipment for food trucks. As many Hong Kong citizens are not familiar with food trucks operations, it will be hard for owners to find spots and time to start their businesses. Besides, in most private and public lots, there are strict rules



on parking time. If the government wants to implement food trucks to Hong Kong, they need to give more support and resources to solve the logistics.

Another downside of food trucks is that the hygiene and food quality of them. Even though they are not expected to be like gourmet quality, food trucks' food can be easily spoilt because the temperature of trucks varies, making raw ingredients turn bad quickly. Also it is easier for irresponsible owners to cover their tracks, using food trucks that can go to anywhere they want; it is problematic for health inspectors to keep checking on all of them and thus creates a loophole for crooks to sell food with questionable origins. Therefore, having food trucks can increase the health risk of eating unclean and unknown food.

In conclusion, introducing food trucks to Hong Kong has its pro and cons. I advise the government that they need to weigh in the benefits and problems of food trucks before starting the scheme.





# A LETTER TO THE EDITOR

5A CHAN LOK TUNG

Dear Editor,

I am writing to express my views on the phenomenon that some parents in Asian countries are installing monitoring applications on their children's mobile phones in order to ensure that they use these gadgets responsibly. I do not agree with these actions because they may invade their children's privacy, which adversely affects their relationship, and indeed it is somehow rather meaningless to do so.

First of all, installing monitoring apps on their children's mobile phones may be a kind of intrusion of privacy. As everyone knows, these apps can help parents monitor and check the instant situations of their children. For instance, parents can know what their children are doing, where they are and what they have texted their friends at anytime. In other words, for children, their locations, daily activities and everyday happenings may be monitored by their parents. It is doubtless that it may make them feel frustrated and neurotic. In my opinion, everyone is an independent individual. They possess freedom of doing everything they want and meet everyone they want to get along with, but parents who install apps on their children's phones deprive them of their rights and invade their privacy.

The second reason why I do not agree with this type of actions is that it may worsen the relationship between children and their parents. If their children are informed that their parents have installed monitoring applications on their phones, how will they feel? Will they feel happy with it? Absolutely not. They may feel that they are not being trusted by their parents, or may even doubt their trustworthiness. Also, they may find their parents overprotective and annoying since they keep checking their instant actions like the time of using mobile phones, what they have searched online, what they are talking about with their friends and what they have posted on social websites like Twitter or Facebook, which is extremely unacceptable and intolerable. As a result, it may lead to many arguments and conflicts between children and their parents, and finally they may become hostile to each other, which seriously destroys their mutual trust and damages their relationship.

What is more, installing monitoring apps on their phones is meaningless and cannot assure that their children can use them responsibly. If there are a number of monitoring apps are provided to parents, it can also mean that there are many anti-monitoring apps for children to install. Nowadays, teenagers are typically better at using technology than their parents, and apps such as these can create a cat-and-mouse game of them trying to avoid prying eyes. If they download and start using this kind of monitoring apps, then the apps installed by their parents are useless and unable to keep their parents look for their instant happenings.



To sum up, the action of parents installing apps on their children's mobile phones that monitor their activities and locations to ensure that they use these electronic gadgets responsibly are disagreed due to the privacy problem, corrosive effects to their relationship and the low level of efficiency of these apps. It is genuinely hoped that parents will never make this action anymore and the parents can know more about their children by better ways such as maintaining good communication and providing them with adequate parental guidance.

Yours faithfully,  
Chris Wong



# A LETTER TO THE EDITOR 5A LEE HO MAN

Dear Editor,

I am writing to express my opinion concerning the opening of school facilities. The lack of sports facilities in Hong Kong has been long besetting the government for ages and the situation has not yet been remedied. In view of this, it is suggested that the schools allow the public to use the sophisticated facilities in order to mitigate the problem. However, taking the extra workload for the school staff, the astronomical maintenance fee and the safety of the students into account, it is not advisable to give a green light to this suggestion.

The first and foremost reason for banning the public from using the sport facilities is that it will give extra work load to the staff. From cleaning the floor, sanitizing the rest room to the maintenance work, the janitors are one-handed in the entire operation. In addition, because of the shrinking workforce, schools tend to encounter shortage of the workers more often. Thus, the janitors lead a busy, hectic and weary life in the school. If the schools were opened for all members of society, the janitors would have to work around the clock so as to maintain clean facilities for educational used on the next day. What's more is that the teachers who are responsible for monitoring the facilities will have to work over time, 7 days a week. Therefore the work load of the staff will be skyrocketing.

Apart from the hectic life style, it will also exert a tremendous financial burden on both the school and government. It is not difficult to find graffiti, left-over chewing gum as well as dilapidated sport equipment in local sport centers because of the irresponsible behavior of the users. There will be no exception at schools and schools need to spend some of its teaching budget on doing maintenance and renovation which could cost up to 10 thousand dollars. Worse still, the government need to increase the subsidy for schools in order to afford the astronomical fee. Therefore, beyond doubt, the government and schools have to bear an enormous financial burden.

Besides, allowing the public to use the school sports facilities will increase the rate of accidents. The reason why the government allocates a large sum of money on perfecting the facilities is to ensure that the vulnerable students are protected and well-educated. If the sport facilities are opened to the public, the flow of the users will increase drastically, thus causing acceleration in the aging of facilities, posing a hazardous threat to the students.

In a word, the opening of the school sport facilities is an expedient way to remedy the situation. I believe that the government should build more multifunctional and integrated sport centers which can cater for the needs of all walks of life. For the sake of all members of school, it is definitely not advisable to implement this proposal.

Yours faithfully,

Chris Wong



# A LETTER TO THE EDITOR<sup>5A</sup> ZENG QIANXI

Dear Editor,

I am writing to express my concern over the phenomenon that students from primary school are receiving too much homework. Living in a high competitive city, students can't escape from schoolwork and homework. It is compulsory for them to study and finish their homework in most of their daily life. Some of them are even forced to attend tutorial schools to equip them with more examination skills in order to pursue higher grades in public exams and get into university. Yet, is it necessary for the students to complete countless homework when they are still in primary school? The answer is definitely no because of the high possibility for students to suffer from mental illness and the lack of developments of the students in other aspects.

First and foremost, countless homework may engender fewer opportunities for all-round development for primary school students. There is a wide range of homework in primary schools nowadays, including reports, projects, film reviews. Although it may widen student's horizons in various perspectives in early stage, the complexity of homework is increasing. As a result, primary schools students require much more time to accomplish their tasks compared to secondary and university students. Subsequently, primary school students cannot have any chances to spend their time on other things like playing video games, surfing the Internet which enable students to relieve their stress and they will be less motivated in their school life. What is worse, students may become obese and weaker physically since they have been ordered to focus on schoolwork and ignore the physical activities. Therefore, there is a strong likelihood for them to achieve no outstanding performance in sports or music or arts but only in academics.

Moreover, mental illness may exist at primary school with the abovementioned phenomenon. Students could not spend sufficient time on other things they are interested in and students may come up with a lot of negatives ideas in their mind. They may feel anxious and cannot bear the exam-oriented education system anymore and start being absent from school days and no longer communicate with others actively. Worse still, students may meet some friends on the Internet since they are unwilling to trust or chat with their families or teachers to relieve their stress and they may be led astray eventually. As a result, with the high pressure of homework, students would obey schools, parents less and suffer from numerous mental illnesses.

It is argued that students cannot study without those assignments since they have to be trained to be more competitive. Indeed, with the training of exam papers and practice, students are able to deal with the public exam and strive for their best career. However, forcing the primary school students to complex tasks is not a smart method. The most obvious argument is that they cannot enjoy their childhood which should be joyful to them. Imagine that the toys and stories book the students used to



play with and read suddenly disappear in front of them. What replace the things, are calculators, incomplete laboratory reports and mock papers. Will they feel glad? Absolutely not. Therefore, it can be observed that primary school students do not want to be arranged with countless assignments. What they need is a joyful childhood without any worry.

To sum up, primary school students nowadays should not be given too much homework since they may feel stressed and become anti-social. Besides, they should not be restricted to develop their own skills apart from the skills in academic aspect.

Yours faithfully,  
Chris Wong



# A LETTER TO THE EDITOR

5B FAN PUI MAN JANET

Dear Editor,

I am writing to express my opinions about cooking and food shows. I believe the trend should be encouraged since television is one of the most popular forms of media that we have nowadays. Hundreds of programmes are telecasted to millions of people across the continent every day, including cooking and food shows. I am sure there are some reasons in which they should be encouraged.

First of all, these kinds of programmes can help us improve our cooking skills. For example, many people are not able to pick ingredients wisely. They find it hard to purchase ingredients that are cheap and tasty. Thus, the cooking and food shows can help them directly. By watching the programmes, people will be able to know more about cooking. For instance, what is the best water level for cooking rice or any other tips that may help you cook better. Besides, most teenagers nowadays do not know how to cook. Therefore they have to rely on parents or fast food. Yet, these kinds of programmes can attract them to cook.

Attracting people to cook more can indeed improve their health. Take Hong Kong as an example, Hong Kong is an international city. You can find Japanese food or Thai food easily. Most people do not know how to cook by themselves or do not have the time to cook and eat; therefore they have to eat outside or tend to rely on fast food. This may cause lots of health problems, such as heart disease, high blood pressure, diabetes etc. If we have more cooking and food programmes, people can be encouraged to cook and eat at home, which is healthier than dining out often.

Apart from improving health, there are other benefits that these cooking programmes can bring along. For instance, we can reduce the food waste that we produce every day. If we cook for ourselves, we can prepare the right amount of food that we can eat instead of wasting food. Furthermore, these kinds of programmes are entertaining. After long working hours, we are always exhausted and stressed. Cooking and food programmes are one of the best choices for us to relax.

All in all, cooking and food programmes should be encouraged. Since they bring us entertainment and teach us how to cook. How can we say no?

Yours faithfully,

Janet Fan



# AN ARTICLE 5B LIN HEI TUNG

## New gadgets- a curse or a blessing?

Nowadays, having new gadgets like smartphones and tablets has become fashionable among teenagers. Yet, does it affect our youth's lives? I would like to share with you my views on the pros and cons of the new gadgets on teenagers.

First and foremost, new gadgets can improve the communication and relationship between adolescents and others. Teenagers communicate with their peers through the social media websites such as Facebook, Instagram etc. Also, they can chat with others very often so they know each other more. Besides, teenagers can keep in touch with their parents and more intimate parent-child relationship can be developed.

In addition, gadgets help adolescents enrich their knowledge. Teenagers are able to find the information for their homework easily and conveniently. Moreover, they may read up-to-date news from the world promptly and broaden their horizons. Thus, gadgets have now become a learning tool for teenagers.

The impacts of the new gadgets on the youths are like a double-edged sword. Despite its benefits, there are also several drawbacks to consider.

The disadvantage of new gadgets we need to bear in mind is that teenagers may become addicted to gadgets. A recent survey found that ninety percent of the respondents browse the Internet for more than four hours a day. As the adolescents play entertaining games on smartphones and overuse gadgets, they may ignore their family and friends. Therefore, it may cause serious arguments or may even worsen parent-child relationship.

Furthermore, another notable disadvantage is that the youth may need to face various health hazards. As they overuse the gadgets, they might suffer from chronic diseases. For example, short sightedness, long sightedness problems or insomnia. Also, they may fall in with bad friends and get in danger.

All in all, it is clear that there are pros and cons associated with the use of the new gadgets on teenagers. In my opinion, the gadgets indeed make our lives more fabulous and convenient, but we just have to use them suitably. Hence, I am deeply in favour of teenagers using new gadgets.



# INTERNET ADDICTION 5C AU YAN TUNG

## **The dangers of Internet addiction**

Nowadays, the number of teenagers who are addicted to the Internet has increased significantly in Hong Kong. Youngsters use the Internet for a long time and their eyes are glued to the screen on some social networking websites like Facebook and Instagram. However, at the same time, their health has been threatened. It is a surprising news for the people living here. It not only affects teenagers' physical and mental health, but also affects society and individuals.

First and foremost, Internet addiction affects teenager's health physically and mentally. It is detrimental to their eyesight and backbones. What's more, it can cause depression easily which is due to cyber bullying. They also will get social phobia easily because of their own poor self-image. As for individuals, it can affect their academic performance adversely because they waste most of time on the Internet.

Moreover, it can pose a big influence on our society. The prolonged use of the Internet will reduce the opportunities of face-to-face communication. Teenagers will lack social skills. Apart from that, there is no real friendship on the Internet because not everyone surfing the Internet is for entertainment purpose, most of them are eager for their self-interest. Therefore, it is just an illusion that they are communicating with others and it could also cause cyber-crimes to be rampant because they are careless about the safety of the Internet.

Furthermore, as mentioned above, cyber-crimes will be rampant, some information will intrude your own privacy and cause the leakage of personal information and that will bring more harassment to our life. There is a high risk of disclosing our privacy when surfing on the Internet.

As a consequence, we should solve the problems immediately. In my opinion, we should change our password regularly and keep passwords confidential. Besides, we should choose our privacy settings carefully in order to avoid crimes.

Since the problems of Internet addiction is serious and imminent. We should take precautions to avoid the risk of Internet addiction in advance.





## Should e-learning be widely introduced?

Dear Editor,

I am writing to express my concern about e-learning, a hot issue in education now. The Education Bureau is promoting the use of e-learning especially among mainstream schools. As its name suggests, e-learning is using electronic devices as learning tools to replace traditional printed books. I strongly disagree with the Education Bureau's innovation and in this letter I would like to explain why.

First and foremost, many people think that e-learning can facilitate our self-learning. The way we use it is very convenient. We don't need to take out many learning materials for revision. We only take out an i-Pad and open the e-books for revision. Therefore, we can study everywhere and any time by ourselves.

Moreover, e-learning can reduce the weight of students' schoolbags. Students don't need to carry a lot of books to go to school every day. It can prevent students from getting some diseases like shoulder pain and students will feel more relaxed on the way to school.

Furthermore, an additional benefit of e-learning is that it is more environmentally friendly because it can reduce the need to cut down trees to make paper. By eliminating printing processes, harmful environmental effects to the planet can be avoided.

Nevertheless, the above mentioned benefits do not show the whole picture of using e-learning. In fact, there are some limitations which should not go unnoticed. In the following, I would like to point out the limitations and provide some solutions accordingly.

First of all, the digital devices are costly and not every family could afford one. Therefore, it will make the class learn more slowly because some students do not have e-books for the class and teachers can not teach the knowledge to every student clearly. They will spend more time on teaching the students who don't have books and waste too much time.

In addition, the digital devices may break easily and the maintenance cost of it could be extravagantly high. It is not cost effective and unfair to underprivileged families because not every family could afford one digital device.

What's more, the prolonged use of it is bad for our eye sight and backbones. Reading from a small screen



for a long time can cause a lot of pressure on the eyes and affect our health like neck pain and diminution of vision. Hence, a prolonged use of these learning devices is harmful for our health.

However, there is no doubt that e-learning will continue to evolve in the years to come. What can we do so that we can use e-learning in a proper way? In my opinion, the government can give subsidies to the underprivileged families in order to help them afford the prices of the digital devices.

Apart from that, e-learning should not completely take over the role of teachers, the role of e-learning should be adjusted in order to let students adapt to the changing of study model.

All in all, it is easier said than done. E-learning seems to be very user-friendly. Yet, the limitations far outweigh the benefits. Therefore, we should look before we leap instead of being too radical. Hence, more time is needed for further technological development so as to plug all the loopholes



## The pros and cons of tutorial schools

Nowadays, as the HK education system is getting more and more examination-oriented, tutorial schools are gaining their popularity. The tutorial school is for students to consolidate knowledge which they do not understand in the class and acquire extra knowledge from the tutorial materials. Because of teachers' heavy workload, they could not look after every student in the class and can just follow the course schedule. Therefore, when some students couldn't catch up with the study progress, they may ask the tutorial school for help. However, "Every coin has two sides", goes an old saying. The tutorial school may also reduce students' free time and hinder them from developing their interests. This is indeed an issue which is worth our close scrutiny. To judge whether students should attend tutorial school, it is important to look into both the positive and negative impacts it has on us and on the society.

First and foremost, the tutorial school can consolidate knowledge from school. Most students could not catch up with school's study progress and they are all under a high exam pressure. They may ask the tutorial school for help. The tutorial school provides a more understandable pattern for students and let them understand the knowledge easily. What's more, the scale of the tutorial school is smaller than school, thus, it can look after more students' study progress than school. After attending it, students may get good grades during the examination.

Apart from the abovementioned benefits, the tutorial schools can let students meet more friends as well. In the tutorial school, students can know more friends who are from different regions and they can help each other in studies. Besides, what they learn from the new friends can also widen their horizons.

Despite the above advantages, we should never overlook the problems tutorial schools have engendered. The most alarming problem it has brought about is the plunder of student's free time. Students spend so much time on extra tutoring that they may not have enough time to develop their interests. A large number of homework from school and extra exercises from tutoring may exert an overwhelming pressure on students. The high pressure may even lead to suicide attempts as well.

What's more, the tutorial school may also reduce the time that parents could spend on building a better relationship with their children. Students have to spend more time on the tutorial school courses and their parents may also have to work for a long time. The only time for them to communicate may be the after-school period, but the tutoring shortens their communication time. The parents could not have enough time to care about their child's mental health and couldn't give them a hand in time. Therefore, the tutoring may divide the society and make it become more utilitarian and unconcerned.



In my opinion, the disadvantages of tutorial school far outweigh the advantages. However, what I mean isn't to stop students from attending tutorial courses. Instead, I would like to remind students to plan carefully and not to follow the trend mindlessly. In particular, don't overlook the detrimental effects of stress on our mental health. After all, academic results can't fully tell how a person is. Moreover, the relationships between students and their parents and even their classmates are crucial as well. As long as students can balance both tutoring and the use of their free time, the negative impact of tutorial school can be lessened. As far as I am concerned, I think student should avoid attending tutorial courses mindlessly. They should spend a suitable amount of time on them if necessary, and spend more time on developing their interests and relationships.



# A LETTER TO THE EDITOR

5C ZHU ZI RUI, RIA

Dear Editor,

I am writing to express my opinions on whether dogs should be allowed on public transports and in parks. There have been numbers of people who would like to keep pets at their home in recent years, such as dogs, cats, birds and so on. Keeping pets brings many benefits, for example, the owners can relax themselves and have a good mood; people can stay away from loneliness by keeping a pet with them; and it is a good way for people to release pressure. However, the issue on whether dogs should be allowed on public transports or in parks has been under the spotlight. Some people believed that we should protect the rights of animals. Others disagree and think dogs on public transports and in parks may affect our lives. In my opinion, it is reasonable to prevent dogs on public transports, or even in parks.

First of all, it is possible that dogs on public transports or in parks may affect others. When the owners take their dogs on public transports, such as trains or buses, the barking from dogs may create a noisy environment. It is believed that we should respect other people, and protect the rights passengers deserve to have, for example, people have rights to enjoy the quiet and comfortable public environment. If the owners cannot control the dogs from barking everywhere, it is no doubt that they are depriving others of their rights. In addition to this, the dogs may attack other passengers if they are out of control. Although the owner can promise that their dogs will not bite others, there are still some passengers who are afraid of dogs and could hardly stay with dogs in such a crowded area.

Apart from this, the dogs should be banned on public transports or on parks because of the dirty environment it may make. The urea from dogs everywhere may create a dirty environment on public transports, or even in parks. Although the owners can train their dogs and prevent them from making the public environment dirty, the bacteria which the dogs are carrying may also affect people. The vulnerable group of people, such as the elderly, the weak, the patients, and even the small children and the pregnant women, may easily access the bacteria, and may get sick easily. Therefore, it is reasonable to ban dogs on public transports and in parks, in order to own a cleaner and more comfortable environment.

In conclusion, banning dogs on public transports and in parks has more positive impacts on people. The owners can bring their dogs to some special venues which allow dogs to get into, to have a walk and play with them. Public transports and parks, as a public venue, should become a comfortable place and let people enjoy them, so we cannot deprive other people of their rights. Therefore, it is necessary to ban dogs on public transports, or even in parks.

Yours faithfully,  
Chris Wong



# CAREER PROSPECTS FOR UNIVERSITY GRADUATES

5D LI HO YEUNG

## **Should university graduates look for jobs based on their major?**

Some university students don't choose a subject solely on the jobs they want. Some may only be interested in learning more about a subject and have no plans to make a living in that field. They may choose jobs which aren't connected to what they have studied.

On the other hand, some people think that they should consider carefully and try their best to devote to the field they specialize in, because they have already spent a lot of money and time on doing a university degree, and as a responsible student, they should try to repay their parents by choosing a well-paid job. If students get a job that does not require a degree or isn't at all related to what they have studied, they could have spent their four years more wisely. University gives us the knowledge and skills to prepare for work in a specific area. So, they should consider carefully about their life, parents and time.

Personally, I believe that university graduates should try their best to choose a job related to their field because of the following reasons.

First of all, I think it is a waste of time. Many students studied in university and don't choose a subject solely based on the job when they graduate. They're only interested in learning more about a subject and have no plans to make a living in that particular field. Universities give us the knowledge and skills to prepare for work. It is a good time and chance to show the potential employer they have enough knowledge on that field. If they choose jobs out of their interest, they why wasting time on the university degree?

Moreover, the tuition fee of a university degree is very high, so it is a waste of money if they do not choose a job in that field. People go to university to get an education qualification that will help them secure a future career. So parents work hard to pay for their children's tuition fees through higher education. If they waste three or four years in university, not only would it be a waste of time and money, but it is also a sign of irresponsibility to their parents because they do not try their best to get the best-paid jobs to repay their parents.

It is important for us to choose a subject carefully. It is advisable for us to choose a subject we are interested in because it is more meaningful and rewarding to turn our interest into a career. Don't waste our time and money, and don't forget our responsibility.



## **Should students attend tutorial schools?**

Nowadays, Hong Kong's education system is getting more and more examination-oriented. Many students go to tutorial schools in order to improve their academic results. In this essay, I am going to discuss the reasons why students attend tutorial schools and my opinion on whether students should attend tutorial schools.

First, let me start with the advantages of tutorial schools. Why do students attend tutorial schools? First, I think tutorial has a particular purpose to boost exam result by training exam skills. As the Hong Kong education system is getting more and more examination-oriented, both students and their parents hope they can have better results in different examinations, so many tutorial schools focus on practical exam skills. Therefore, many students find a need for attending tutorial schools.

Moreover, tutorial schools can have more focused teaching. In normal school classes, there are usually at least twenty students in a class with only one teacher. It is hard for the teacher to handle all the students. In some tutorial schools, they can offer more than one teacher in a smaller class. Teachers can be more focused on particular student's needs and provide more individual guidance. Students can benefit more, therefore more people attend tutorial schools.

In addition, there are also some problems of tutorial schools and why students shouldn't mindlessly attend it.

First of all, tutorial schools are really costly. Many tutorial schools offer expensive classes but a lot of the knowledge covered in tutorial schools is provided in normal schools as well. This may bring an extra and unnecessary cost to the students and their family. Some people think that giving more effort on learning in normal school is much more worth than spending a lot of money on tutorial schools.

Besides, attending tutorial schools makes students lazy and not focused on normal classes. At tutorial schools, they can offer a whole programme of learning and facing exams. Believing that attending tutorial schools could be a guarantee to good academic results, some students that attend tutorial schools don't pay attention on normal classes. They often don't pay attention and some may even skip classes. I think students can attend tutorial schools according to their needs but it is important to strike a balance between tutorial school and normal classes as both of them have their advantages and limitations.



# INTERNET ADDICTION 5D PUK WAN CHEUNG

## **The dangers of Internet addiction**

Nowadays, since the whole society is more and more dependent on the Internet, different kinds of digital devices have been more and more popular among the people of all ages. Undoubtedly, the Internet brings so much convenience to us, but at the same time it also makes us spend more time on it unconsciously. Finally, some people even cannot live without it. It means that they have got addicted to the Internet. In the following, I am going to elucidate the dangers of Internet addiction from various aspects.

First of all, Internet addiction can influence people's physical and mental health. For instance, you may always surf on the Internet for several hours, then your eyes will have to glue to the screen and your backbones will also be pressed without any rest, which is very harmful to your physical health. At the same time, your prolonged use on the internet will also force you to reduce your time on social communication, as time goes by, you will probably get social phobia if you cannot control your desire to the Internet. Since you have Internet addiction, you failed to strike a balance most of the time, then the vicious circle is built and you will even lose your self-confidence. Hence, Internet addiction is very dangerous to the physical and mental health of people.

Secondly, Internet addiction is very harmful to the interpersonal relationship. It can cause many damages on different aspects. With the use of the Internet, people seldom have face-to-face communication. Maybe they can chat like old friends, but it is not a real friendship. It means that you can communicate with your virtual friend very happily on the Internet while you may not even say 'Hello' to the person beside you, because you are not familiar with your friend in the real world. That's exactly how Internet addiction does harm to the communication of the society--people spend all the time communicating on the Internet, then the atmosphere of the real world will become more and more indifferent.

Moreover, Internet addiction is bad for the cyber security, making the number of the cyber-crimes rises sharply. Thanks to the liberal laws on the use of the Internet, cyber-crimes like bullying and cheating and so on are very rampant. The longer time of using Internet caused by Internet addiction will enhance the number of the crimes mentioned above naturally. Therefore, the dangers of Internet addiction are very clear although these examples are only tips of an iceberg.

Furthermore, it's also an undoubted fact that Internet addiction does a great harm to the students' studies. Let me give you an example. If you get Internet addiction, you will not be able to spend enough time on your studies, then poor academic performance will be resulted in the near future, which is a





great humiliation for the students under the Hong Kong's exam-oriented education system.

All in all, it is a common sense that the dangers that Internet addiction can bring to us are absolutely innumerable. Since it does such a great harm to us, we must use the Internet as carefully as we can in case it gets us into trouble.



# FOOD TRUCKS IN HONG KONG 5D PUK WAN CHEUNG

## **Pros and Cons of introducing food trucks to Hong Kong**

In the recent 30 years, since more and more people in Hong Kong have had the experience of traveling to the America and the fast development of Hong Kong, many people and companies start to consider whether the way of 'Food trucks'--vehicles that stop on roadsides and are equipped to cook and sell food--can be introduced to Hong Kong or not. It may bring a lot of benefits, but can also cause some troubles. In the following, I am going to illustrate the pros and cons of introducing food trucks to Hong Kong.

First and foremost, introducing food trucks to Hong Kong can make the way people get food more convenient. As we know, more than half of Hong Kong people work in the commercial buildings which are far away from restaurants. Since Hong Kong has a convenient transport system, food trucks can stop on the roadsides near these buildings. At lunchtime, people can buy their lunch in a very short time. Hence, introducing food trucks to Hong Kong brings these workers convenience.

Secondly, introducing food trucks to Hong Kong may be good for the financial development .Let me give you an example .When more and more restaurants begin convicting to the terms of food trucks, the demand of restaurants in the shopping malls will decrease sharply, then the rent of the original shops will also decrease in a way. More money can be spent on helping develop the economy of Hong Kong instead of paying for rent.

Moreover, introducing food trucks can enhance the cultural communication and development in Hong Kong .It is an undoubted fact that more and more foreigners have become Hong Kong's residents. Therefore, this way of getting food is more suitable for the Americans in Hong Kong--the majority of the foreign residents. Moreover, it can help them get used to the lifestyle more easily .Food trucks themselves can also be topics between the local and foreign residents. In view of the abovementioned benefits, food trucks seem to be worth a try.

Nevertheless, although there are numbers of advantages to introduce food trucks to Hong Kong, its drawbacks cannot be ignored, there are also many disadvantages.

In the first place, introducing food trucks can become a hard burden to the traffic. In spite of the fact that the traffic system in Hong Kong is very convenient, the roads are always full of different kinds of cars day and night. If many food trucks park on the roadside, the problem will just become more serious.



In the second place, introducing food trucks can also lead to hygiene problems. Since food trucks change their places for business very often, it can be very difficult to make sure that every food truck sells food with no health problem. It means that if somebody feels weak or even suffers from food poisoning after having the food sold by food trucks, it will be such a big challenge for the person's family and even the government to find the source of it. It is obviously unacceptable.

In the third place, introducing food trucks to Hong Kong may also make the greenhouse effect more fearful. When food trucks stop on the roadsides, most of the time they are still powered up, so they may keep giving out the harmful gases like carbon dioxide and so on that can cause the greenhouse effect. Finally, the problem of greenhouse effect will even become a threat for people's lives because it can melt the glaciers in the North Pole and South Pole and the sea levels will rise.

All in all, there are pros and cons of introducing food trucks to Hong Kong. The most important thing for the government in Hong Kong is to strike a balance among them so that this idea can be good for Hong Kong's development in general.



## FOODIE FACTORY 5C TAI HING YU

Suddenly, I saw a spaceship coming over my side. I was so nervous that I was going to pee in my pants! Then, a strong light shot at me. Ouch! That hurt. My skin started being colourless. I was thinking, “Am I going to die?” “ZooooM!!” a voice thundered along my ears. I started feeling dizzy...

When I woke up, I was on a spaceship. I was sleeping in a lab! “Wait a second...” I found that I could move my body again. I must save my friend but soon, I found that I was locked! “An alien was coming. I must figure out how to leave!!” I was getting nervous again! In the next moment, the alien talked to me. “What? Wait a minute. Wait a minute... there is an alien talking to me? Am I insane?” The alien tried to comfort me, “You are now safe.” But I just couldn’t relax. It was really insane and UNBELIEVABLE! I started realizing that the spaceship was a lab. The alien didn’t talk much. It just took me to the lab.

I saw a book in the corner and tried to read it. “OH MY GOD!” I yelled. Everyone looked at me for just a moment, then they focused on eating. I found that the spaceship was a lab and the lab was actually a foodie factory. “Do I really look like an explorer right here?” I asked myself. “Hey, you!” An old man whispered. “Me?” I asked. “Yeah, you. Come over here,” he whispered again. Then I walked near him and waited for the answer. He kept silent. He grabbed my hand and pulled me to the corner and whispered, “Foodie Factory is a lab.” “I know,” I answered. “You! Shut up and listen!” he yelled. I shut my mouth up and listened to his words carefully. I finally knew what was going on after talking to the old man. To make it simple, there was an experiment of making foodie. Everyone became a foodie. The aliens could build a foodie kingdom. However, the aliens could not become a foodie, so they caught humans.

After the conversation, I tried to find my friend to go home with me. Why was so sure? Because he loved eating! “Peter!” I shouted. There were so many Peters here. Wait, I saw a fat guy wearing our school uniform with a Hello Kitty head band. “Hello Kitty?” I was confused. I slipped between the wall and the crowd. “Peter! I finally found you! Hey, we should go. Stop eating!” I whispered. Peter gave me an “OK” and then, the worst thing happened – Peter was struggling between home and food! “Your mother is missing you, bro!” Peter started walking with me again.

Later on, I realized Peter’s struggling wasn’t the worst thing. It’s Peter’s size! He became a 200lbs fat guy in only 2 hours! He couldn’t walk through the door. “Just leave me alone, Chris. I’m too fat to walk through this door,” Peter said with tears. I know if I missed this chance, I could never go back to the Earth again. “Sorry, bro!” I jumped out of the spaceship and disappeared. “Goodbye, bro.” was the last thing I ever heard from Peter.

Seriously, I felt guilty about leaving him alone on the spaceship. I missed him a lot. I didn’t know whether



he survived or not.

After two months, when I was walking back to school on the same route as before, I saw Peter! I SAW PETER! I was totally surprised because he was here. He survived! But, he became a 300lb guy! “How can he do that?” I asked myself. I skipped classes and played truant that day to listen to Peter talking about what happened about the spaceship. He told me that the spaceship was overloaded, and he was the heaviest guy on the spaceship, so the aliens gave up on letting him become a foodie. Anyway, I felt pleased to see my friend again.

In the next 5 years, we both married and had a family, but soon, something destroyed it. We found out that there was a foodie factory on Earth and the location was next to our house. We all knew what was going to happen next... The Earth would be selected as a Foodie Kingdom.



# SUGGESTIONS FOR CANTEEN MENU 5C TAI HING YU

## Food to be included in the canteen menu

### Thai-style green curry with chicken breast and vegetables

First, it tastes spicy. People in Thailand always eat spicy food for having more energy. As in Hong Kong, we can eat green curry even in summer time. Although there are students who can't have spicy food, we can still offer them other food and give more choices for our students and let them know more about the cultures of different countries.

Secondly, green curry can help with sweating problems. The more you sweat, the more toxic dust is released from our bodies. Moreover, chicken is rich in protein. During puberty, students need much protein for growing up and having great nutrition! Also, there are many vegetables in the lunchbox. So this lunchbox must be the greatest lunchbox full of nutrition!

Lastly, this is a chance for us to learn different cultures of other countries. We want an international canteen with many different cultures.

### Wonton noodles with soup

At first, the soup of the noodles must be stewed by fish. That's the highlight of the whole noodles. Then, wonton's fillings must be fresh shrimps. The shrimps must be stirred with pork and filled into a rice dumpling. We can't use instant noodles but traditional fried noodles because it is important to keep the food fresh!

Secondly, the soup is made by fish. There is so much protein in fish and shrimps. As the fish is boiled, the smell and nutrition will still be inside the soup. Also, the shrimp has something inside that makes our eyes look better!

Lastly, it is the most important because wonton noodles are the old food that appeared in 30s. A lot of students love wonton noodles. It must become the most popular traditional food ever!

### Hong Kong-style egg puffs

Hong Kong-style egg puffs are made of egg yolks, milk and sugar. They taste sweet. They need to be made by an eggbeater. Pour the egg yolk, milk and sugar together. Then store the batter in a big bottle. When someone makes an order, you can pour some batter from the bottle to the machine, and wait for about 5 minutes. During the baking, you need to move them upside-down. Then, there're a crispy-outside-soft-inside egg puffs!

What's more? It is nutritional. Hong Kong-style egg puffs are made by the mixture of egg yolks, milk and



sugar. Egg yolks have so much protein for building muscles. Milk has calcium that makes our bones stronger. Students can easily get full by eating them and they do not cost much!

Last but not least, Hong Kong-style egg puffs are one of our traditional snacks in Hong Kong. Everyone must try them in their childhood. It must be awesome if our canteen has Hong Kong-style egg puffs.



# E-LEARNING 5D PUK WAN CHEUNG

Dear Editor,

I am writing to express my concern over e-learning. Nowadays, the Education Bureau is promoting the use of e-learning especially among mainstream schools. As its name suggests , e-learning is the way to study using electronical devices as learning tools such as tablets, smart phones and so on.

Let us look into the benefits of e-learning. First and foremost, it can facilitate self-paced learning. As we know, in traditional lessons, nobody can make sure that every student has the same learning progress. Hence, while teachers insist on a single learning-paced curriculum, some students will be ignored. However, e-learning does not have this problem. It allows the students to progress at their own speed without being constrained.

Besides, e-learning is also more environmentally friendly. When we produce traditional textbooks, innumerable trees will be cut. If e-learning is promoted to more and more schools, the quantity of trees being cut will decrease.

Moreover, E-learning enables learners to store a lot of books in one device. It means that the weight of school bags on the students' backs will diminish greatly, and this trend is very significant for the protection of their spines. In the long run, the government's medical burden will be lighter, too.

Nevertheless, the abovementioned benefits do not show the whole picture of using E-learning. In fact, there are some limitations which should not go unnoticed. In the following, I would like to mention the solutions and provide some solutions accordingly.

In the first place, the digital devices e-learning needs are so costly that not every family could afford one, and the expense on the copyright is not a small expenditure too. It will cause a hard burden to the low-income family.

In the second place, the battery of the devices may not last long. Once the battery is used up, the power is gone and your study progress has to be interrupted. It will also influence learning to slow down.

In the third place, prolonged use of the digital devices is bad for the eyesight and backbone. You have to glue your eyes to the screen of digital devices and bend down in the E-learning, which are bad for students' health. On one hand, E-learning is helpful to the protection of their spines in the way of decreasing the weight of school bags. On the other hand, it is harmful to the eyes and backbones.





All in all, it is easier said than done. E-learning seems to be user-friendly. Yet, the limitations far outweigh the benefits. Therefore, we should look before we leap instead of being too radical. Hence, more time is needed for further technological development, so as to plug all the loopholes.

Yours faithfully,

Chris Wong



# E-LEARNING 5D WONG LONG HEI

Dear Editor,

I am writing to articulate my sentiments of the issue about E-learning. Nowadays, the Education Bureau is promoting the use of E-learning especially among mainstream schools. By definition, E-learning means using electronic books or electronic devices, for example tablets, smart phones, to name but a few, as learning tools to replace traditional printed books.

First and foremost, E-learning can save trees by saving paper. E-learning produces less detrimental environmental impact. By providing an alternative to the paper-based learning and testing of traditional classrooms, E-learning is an effective way for an organization to significantly reduce their carbon footprint. And it eliminates the need for paper, thus saving trees.

In addition, E-learning facilitates self-paced learning, and is more user-friendly. Many E-learning courses are entirely self-contained, presenting all learning contents online, or providing alternatives to paper-based forms of communication through tools such as e-mail, PDF manuals, synchronous classrooms, and other web-based tools.

Nevertheless, the abovementioned benefits do not show the whole picture of using E-learning. For me, I would say that this idea should be given the red light. In fact, there are some limitations which should not go unnoticed. In the following, I would like to point out the limitations and provide some solutions accordingly.

First of all, the start-up cost of an e-learning service is expensive and the cost of production of online training materials is very high. Teachers must be confident that the extra costs are balanced with the benefits of delivering a course online. Significant time needs to be invested in course set-up and in ongoing maintenance.

Furthermore, students with visual or physical impairments may be disadvantaged. Also, learners may have limited IT skills, or be uncomfortable with electronic communication and need to learn how to use the medium effectively.

There are a number of solutions. The government should provide subsidies to the underprivileged families and financial funding to the needy.

All in all, it is easier said than done, E-learning seems to be very user-friendly. Yet, the limitations far



outweigh the benefits. We should look before we leap instead of being too radical. In fact, E-learning should not completely take over the role of teachers and traditional books. More time is needed for further technological development so as to plug all the loopholes. I would like to hear from other readers on this issue.

Yours faithfully,

Chris Wong



# TWO IMPORTANT PEOPLE IN MY LIFE 6A MIRANDA CHAN

## Two Important People in My Life

### My source of knowledge

Most students, if not all, find going to school annoying and troublesome. However, I am an exception. You may consider me as a weirdo, but there was a person who gave me motivation and happiness to go to school—my English teacher, Mr. Smith.

Mr. Smith taught me much essential knowledge, including academic knowledge and knowledge on life. When I was young, I had poor English language proficiency. Yet, Mr. Smith, who attained the grade of first honor when graduated in brilliant university, had a passion for teaching. His outstanding teaching skills made me improve my language proficiency sustainably and have a thorough and comprehensive understanding about English language. I once gave up studying English when I got an appalling grade right before I met him. However, for his passionate attitude towards teaching, he wanted his students to learn English and he encouraged me not to give up and get recovered from the depression resulted from having disappointing grade in English. And now, I have got an international prize for my outstanding English standard.

When I was young, I was ignorant about life and society. However, Mr. Smith taught me things books didn't teach me. He let me understand how devil the society was and how to cope with evil people who tried to drag you back when you got appreciated by your boss and were going to succeed and to get a positive attitude when facing difficulties. Also, he taught me a proper value on life, such as love yourself, be nice to others and uphold our principles. And now, I have become a mature adult thanks to his appearance in my life.

I, hereby, truly appreciate and am extremely thankful for what Mr. Smith did to me. If there was no him, I would have been a failure. Hope students who are reading this try to love your school and teachers!

### My source of love

Many students have an appalling relationship with their family, especially with their parents. However, I love my mother so much and maintain a harmonious and loving relationship with her.

I was born in a grass-root family and my mother earned her and me a living by herself. The hard time she had and the setbacks she faced while being a single mother who had two full time jobs completely



indicate her love for me. The effort she spent while raising me up and the love she had for me is the greatest gift ever brought by God.

Not only did the effort she put in and love she had for me were the things I have to thank her, but also her care and support. No matter how busy her work was, whenever I had difficulties and challenges, she was always standing beside me and told me not to give up and tried her best to help me.

If there was no her, I would have only been a walking dead without hopes and love. If there was no her, I would not have appeared in the world. I am truly thankful for what my mother did. I hope students can love their families, as they are the source of our love and hope!



# A LETTER TO THE EDITOR 6A LAM YU TUNG VICTORIA

## An 8:00am start to the school day

Dear Editor,

I am writing in response to the article of Yong Post, titled “An 8:00 am start to the school day makes students feel tired and sleepy”. I am writing to express my thoughts.

Many students often don’t slow down even during rest time. They may have part time job or revision at night. They always can’t get enough rest and sleeping time. Although they get 9 hours of sleep, it doesn’t mean they are necessarily well rested in the morning. Also, some students may burn the midnight oil for studying. They may not have enough energy to prepare for their school learning.

Apart from that, school gives a lot of homework to students. Students do not have enough time to complete all, so they need to sacrifice their sleeping time to do their homework. They may just have little time to sleep. That is why they feel tired. In my opinion, school is the main cause that makes students feel tired.

On top of that, students feel tired and sleepy not only because of the 8:00a.m. start to the school. I think a 9:00 am start will not solve the problem. It is because it is not really the starting time which makes students feel tired, but the endless homework and quizzes.

To solve the problem, school should think about adjusting the school rules and reducing the amount homework to students. Even if the school starts at 9:00 am, students will still feel tired because they do not have enough time to sleep.

All in all, starting at 9:00 am is not a good way to solve this problem. We should find out the main cause of this problem so as to solve it. I think teachers can chat with students to know what they want and how they can help them to solve the problem.

Yours faithfully,

Chris Wong



### **Should the government legalise the operation of night markets in Hong Kong?**

Recently, there has been a hot discussion on whether or not the government should legalise the operation of night market in Hong Kong. Have you even been to these night markets in Shum Shui Po or Mongkok? How do you feel? I think these night markets are very special. The local ready-to-eat food that the hawkers sell is delicious. Then do you want them to become legalised so that you can always go to these night markets? The motion for today's debate is 'the government should legalise the operation of night markets in Hong Kong'. Our house is in full support of legalising the operation of night markets for two major reasons. First, legalising the operation of night markets can provide more employment opportunities. Second, it can attract more tourists to Hong Kong.

Let me explain all the reasons in details. First, legalising the operation of night markets can increase the working opportunities for local people. Nowadays, many teenagers complain that there is a lack of variety of jobs for them to choose or even more, they have no chances to be promoted in their job. However, if there is a night market, the teens can set up their own business, selling food in the night market. We can see a great example in Taiwan. Taiwan has lots of night markets, and many teens choose to set up their own business there. The teens can succeed in earning a buck. Back to Hong Kong, which is considered as 'Food Paradise', if the teens here can sell food in the night markets, I must say they can definitely make profit because there are many tourists coming to Hong Kong. Therefore, under no circumstances will our team oppose the legalisation of operating these night markets.

Apart from creating more job opportunities, it can also attract more tourists to come to Hong Kong. As we know, Hong Kong is regarded as 'Food Paradise' and famous for the variety of food choices. If today our government legalises the operation of night markets, many tourists will be attracted because of their sense of freshness. Why do I say so? It is because Hong Kong is regarded as food paradise, many tourists come to Hong Kong for trying different food. If the government legalises the night markets, it can provide a new attraction for tourists to try different special local food.

Our opponent may persuade you by saying that the ready-to-eat food that the hawkers sell is dirty. Indeed, the food put outdoors for a long time may become less hygienic. However, the government can monitor the quality of food that the hawkers sell by simple legislation. If their food is not up-to-standard, the government cannot offer license to them.

To sum up, due to the increase in job opportunities and the night markets being a tourist attraction, the motion must stand.



# AN ARTICLE 6B CHAN HO CHEUNG

## The joy of being a teenager in Hong Kong

Good morning everyone, as a teenager in Hong Kong, have you ever thought about whether it is a blessing or a curse to be a teenager in Hong Kong? Yes, we may be busy dealing with studying and the HKDSE in Hong Kong, we may not have much freedom because we are bound to attend extra lessons and extra-curricular activities arranged by adults. However, I still think I am happy to be a teenager in Hong Kong. Let me share the joys of being a teenager in Hong Kong.

In my opinion, Hong Kong is a safe place for teenagers to live in. Do you know a boy called Aylan? He died when he was escaping from the civil war in his motherland. Do you know thousands of children and teenagers starve to death in Africa every day? For teenagers living in Hong Kong, our safety has never been one of our concerns. We can enjoy the safe environment provided by Hong Kong and enjoy every day of our teenage life without being worried about whether we can live and see another day. For me, that is one of the most important joys we can enjoy as a teenager in Hong Kong.

Another joy of being a teenager in Hong Kong is that most of us have caring parents. Compared to the Western world, Hong Kong people treasure family a lot more. Unlike our western counterparts, divorce is not as common in Hong Kong so most of us are raised by a complete family. Moreover, our parents are caring for us and our future career so they are always willing to provide the best environment they can create for us to develop ourselves. How can we be unhappy growing under such environment?

As Hong Kong is a wealthy place, we have adequate resources to enjoy our development. Hong Kong is one of the wealthiest cities on Earth. As a teenager in Hong Kong, we enjoy a well-developed education system. We can develop our personality and acquire knowledge under teaching from caring, professional teachers. Also, we can develop our hobbies by participating in different extra-curricular activities. With so much infrastructure and resources for us to develop ourselves, I can definitely say it is a blessing to be a teenager in Hong Kong.

The debate of whether growing up in Hong Kong is a blessing or a curse seems never-ending. Some may say we lose our freedom, the pressure from the education system has exceeded our capacity, so it is a curse to be born in Hong Kong. However, as Hong Kong is a safe and wealthy place with caring parents, I definitely think that it is a blessing for us to be a teenager in Hong Kong. As there are so many joys to be a teenager here, we must make good use of our teenage life, enjoy being a teenager by studying harder, by meeting more friends. Don't just sit at home to play computer games and waste your golden time!





# A LETTER TO THE EDITOR 6B CHAN HO CHEUNG

## **Hong Kong parents arrange too many afterschool classes and activities for their children**

Dear Editor,

I am writing to express my views on the recent phenomenon of increasing afterschool classes and activities for students nowadays. I have been a long-time reader of this column and I would like to bring this issue to the public awareness.

The increasing after-school activities is from good intentions, which is the fact that parents want their children to 'win at the starting line'. However, in my opinion, such trend can only bring harm to children and our society. The ultimate consequence of such trend can be 'losing at finishing line'.

The tremendous amount of afterschool activities put too much pressure on students nowadays. Imagine this: after a tiring school day, you have been taught for knowledge of Chinese, English and Mathematics, you still need to learn to play the piano, attend liberal studies lessons for your future studies and French classes. Frustrating, isn't it? When the students nowadays have so many lessons to attend without proper relaxing time, their mentality will be stressed, frustrated and depressed. Such condition can cause students to develop rebellious behaviours, or at worst, mental disorders. Those problems can dampen the development of children's personality and ultimately, dampen the development of our society.

Parents and schools nowadays are always talking about all round development for students, and they think that this can be achieved by arranging as many after-school activities as they can. However, in my opinion, over intensive afterschool activities can only cause imbalanced development of children. A balanced development of children does not depend on how many skills children are equipped with. It depends on the physical, mental and social development of the children. The over intensive afterschool activities are taking time away from children's playing and exercising, limiting their time to communicate and make friends. This results in the slow development of children on the physical and social aspects. The self-centered, physically weak or obese 'Kong-kids' are likely the products of such twisted phenomenon.

The children are not the only victim of such phenomenon, it can also bring harm to the whole society.

The over-emphasis on afterschool activities will likely worsen the problems of cross generation poverty in Hong Kong. Extra-curricular activities are not subsidized by the government. It means that wealthier families can afford more after-school activities. This will cause a wider gap on the amount of skills equipped between students from wealthier families and poor families. At last, poor students may have a



disadvantage competing for university places. The chance of poor students to improve their standard of living decreases, the cross generation poverty problem will likely to be worsened.

When one parent lets their children join after-school activities, another parent also lets their children join in order not to 'lose at the starting line'. Then, more and more parents follow...the problem seems like a never-ending vicious cycle. To tackle the problem, the only way is from the origin of the problem—the parents' mindset. They need to be taught about the problems created by the overly intensive afterschool activities and be more aware of the proper ways to raise a child. That is the only way to end this vicious cycle. In order to do that, I think the government should take an active role. Since the government is the largest authority in Hong Kong, they have the most resources to educate parents in Hong Kong in order to change their mindset. I suggest that the government should produce advertisements on advising ways of proper parenting and discourage after-school activities. Also, talks conducted by well-known public figures who are successful in parenting could also be held by the government. By the above means, I believe that the problems will one day be solved.

I hope that my own opinion can raise more public awareness on this topic and I hope that everyone can take part in tackling the phenomenon of over-emphasis on after school activities.

Yours faithfully,  
Chris Wong



# A LETTER TO THE EDITOR 6B JESSPHINE IP

## **Do parents offer too many after-school classes and activities for their children?**

Dear Editor,

I am writing to express my concern for the phenomenon of parents arranging excessive extra-curricular activities and tutorial classes for children. After the report made by the University of Hong Kong stating that more than 75% students are under great pressure, the mental health of students has been brought to attention which in return aroused the social debate of whether parents should exert heavy burden to children. While some merits of after-school classes and activities seem to assailing joint to the truth, they are fundamentally flawed upon scrutiny. I am convinced that under no circumstances should parents force their children to participate in too many after school activities as it adversely affects children's health, hinder the development of children and damage the relationships of families.

The first and foremost drawback of arranging too many after-school activities and classes is that it may be detrimental for children's health. As we know, only 20% of DSE candidates can survive in the cut-throat competition and gain a place in the university. However, most of the students have to strive for academic excellence and complete the assignments and revision assigned by teachers, leading to sleep deprivation, fatigue or even anxiety and a wide range of mental illnesses. If parents insist on arranging various classes and activities for children, they are left with no choices but to burn the midnight oil to live up to parents' and teachers' expectations. In the long term, children may lack sleep and further suffer from the suffocating pressure. Therefore, it is an imprudent move for parents to arrange excessive extra-curricular activities and tutorial classes.

Not only does rolling up afterschool activities and classes pose negative effects on children's health, but it also undermines the development of children. When children become adults, they have to take responsibilities of their actions and moves. Therefore, children should make decision on their own, when they are being teenagers. Nowadays, our society always complain about that post 90s are unable to distinguish what they really want and are too afraid of making decisions. It is time for them to decide what classes and activities they want to take part in and it is also time for them to quit those that they do not like. After all, parents cannot make all decisions for their children. Why not parents give the opportunities for children to make up their mind? Planning all the classes, activities and schedule for them eventually pose damage to them.

The last reason which we should never overlook is that it may ruin a harmonious family. When children are facing the heavy pressure exerted by the classes and cannot find a way to relieve their stress, they



may blame their parents for forcing them to attend the classes and activities. In the worst case, children may vent their anger to their parents and resulting in unpleasant relationships among the family members. Besides, participating in those activities and classes may reduce the time for communication between children and parents as children may go home late at 9pm feeling exhausted, reluctant to communicate with parents. Therefore, never should parents take the injudicious move.

We all know that children are our future pillars and we all know that parents do care about their children's future. However, what our teenagers need the most is a room for relaxing instead of paving way for future, sharpening the competitive edge and resume. It is the parents who should provide support and consolation to the children.



# AN ARTICLE 6B LUK YING, ANGEL

## The joy of being a teenager in Hong Kong

Good morning ladies and gentlemen. I am Chris Wong. Living in Hong Kong for nearly 10 years, I can't wait to share with you the happiness of being a teen in Hong Kong. Some of you may think that such a fast-paced city is stressful for us to live in. However, you may change your mind after listening to my speech.

Let's talk about learning in Hong Kong. Hong Kong has an excellent educational system in which we have the 12-year free education provided by the government. It means that everyone, including you and me, could have the opportunity of learning, even if you come from underprivileged family. No matter we enjoy the social welfare, we could also join a wide variety of activities, such as playing football, the piano, drawing, dancing, which are encouraged at school. You definitely will not be bored in leisure time. As you can see, it is good to be a teenager in Hong Kong, isn't it?

Let's move on to the next aspect – entertainment. What will you do at your spare time? Sitting on sofa and using your tablet for the whole day? Playing the latest games on your iPhones? It is fortunate for us to live in this digital age. In Hong Kong, we could buy different kinds of digital products, such as iPads, Macbooks, you name it! More importantly, Hong Kong is always regarded as 'Shoppers' Paradise', in which you could see large-scale shopping malls everywhere. You could shop with your friends in Mongkok, sing karaoke in Neway or ice-skating in Kowloon Tong. It is entertaining to live in Hong Kong.

Finally, I want to end my speech by talking about the stable life in Hong Kong. The Hong Kong government provides a wide variety of welfare, such as health care and financial assistance. We don't need to worry about the school fees anymore. Moreover, Hong Kong provides a safe learning environment for us because there is no war here. Compared with some developing countries, such as Africa, teens living there do not have any food or water. Therefore, we should be thankful to be able to live in Hong Kong as it provides what we need.

Don't you think we are fortunate to live in this modern city? We should not grumble for our life anymore. I hope all of you can feel joyful to be a teenager in Hong Kong.



# E-LEARNING 6B CHAN PUI MEI ANGELA

## Electronic learning: Is it an angel or devil for us on studying?

In recent years, electronic learning is on the rise in Hong Kong, so the Education Bureau (EdB) is promoting e-learning among schools. Some people think that e-learning can facilitate self-paced learning. It is more effective for learning. Others take the view that e-learning makes us rely on electronic textbooks easily which is not conducive to long-term learning. As far as I am concerned, e-learning should not be widely introduced.

To understand why some people are in favor of the idea, we have to know that e-learning is using electronic books and electronic devices as learning tools, such as tables, smartphones and so on. Also, electronic books will replace traditional printed books.

People claim that there are a lot of benefits of e-learning. To begin with, some people believe that e-learning can facilitate self-paced learning. Students can adjust their learning speed according to their own learning ability. Besides, electronic textbooks can be added with the sound, animation, Web links and other multimedia information. This various multimedia information can help more abled students, so they will not waste time to accommodate the needs of the less able students.

Apart from that, it is also claimed that electronic books are more environmentally-friendly. It is indisputable that electronic books are more environmentally-friendly since they do not use a lot of paper to make books. Moreover, since electronic textbooks do not need to use a lot of paper, students can read or carry book easily. They can learn anytime and anywhere, it is good for students in learning.

Yet, these superficial claims do not seem to show us the whole picture of e-learning. In fact, in spite of the abovementioned advantages we can enjoy, the disadvantages far outweigh the benefits, which should definitely not go unnoticed. The disadvantages are outlined below.

First and foremost, the digital devices are costly. The selling price and maintenance cost of the reading device is not low and not everyone can afford it. Electronic devices may break down easily. If there is a malfunction in the digital device, students need a lot of money to maintain the digital device. Besides, when the company is repairing electronic devices, students cannot use electronic textbooks and will affect the learning progress. Therefore, the digital devices are costly and poor students may not have self-paced learning, it even influences their study.

Moreover, electronic books are not more environmentally-friendly in the long term. Although e-books



have reduced the use of papers, the use of e-books increases electricity consumption and electronic waste in the long-term. Besides, e-books need to be connected to the power supply when students read books, so e-books may not be more convenient than traditional printed books. Hence, electronic books are not more environmentally-friendly, but even cause a large number of electronic waste and impact the environment.

To alleviate the problem, I will give some suggestions to solve the problem of e-learning. First of all, government can subsidise the underprivileged families. The digital devices are costly. Some families cannot afford one, so government can subsidise underprivileged families in purchase of electronic textbooks, so that students of the lower class will not be affected by financial difficulties.

Secondly, Non-Governmental Organization (NGO) can provide financial funding to the needy. Electronic devices always need maintenance and software updates, these prices are so high. Some families cannot pay the cost, so NGO can provide financial funding to the needy and help them to have a perfect learning support.

Last but not least, although electronic books can teach students knowledge, electronic books cannot teach some knowledge to students, such as critical thinking, attitude towards people, truth of life and suchlike. These kinds of knowledge cannot be acquired by e-books. However, teachers can teach these kinds of knowledge to students, and make them love learning, not as cold as the electronic products to learn.

All in all, there are many limitations in e-learning, is it a preferred teacher and good for us?



# A LETTER TO THE EDITOR 6C CHAN PANG FUNG, CHRIS

## After-school classes and activities

Dear Editor,

Nowadays, there is no one but agrees that Hong Kong's students lead stressful lives. It has become common-place that students have not enough time to sleep and even get insomnia, thanks to the excessive workload from the spoon-fed education and rote learning. However, the "Helicopter parents" worsen the problem even more by arranging too many after-school classes and activities for their children and it should be condemned and we should not tolerate such behavior.

As a student, I clearly know how the educational system makes us live under the stress and pain. The students' physical health would be the primary concern. Nowadays no matter Form one or Form six students, they both have a long list of work every day; for example, tremendous amounts of homework, countless tests and quizzes. It makes them feel suffocated, let alone the after-school classes and activities. The chief culprit of their ailing health is the parents. The parents require their children to get stellar result in diversified aspects such as academic result. Due to the requirements, students may suffer a massive amount of burdens. To accomplish the countless work, they may lack time for sleeping and become the "night-owl" at night. It has a bad influence on their growth and makes their body weak, they may find it hard to resist the illness and get sick easily.

Apart from the physical health, mental health is also a chief concern. By becoming the top scorer, students suffer huge amount of burdens such as peer pressure. It makes students live under the stress and get emotional illness. The parents require outstanding academic result, so they use severe measures to ensure their children would not have acolasia. By the stern education, it forms tremendous stress and adds to the burden of children. In Hong Kong, students are suffering the stress that not accord with their age. To tackle the problem, we should crack down on the root cause---parenting. We should exhort the parents to give their children more space to relax and don't be over concentrated on the academic result. Encouragement and support can not only be conducive in their mental health but also let them grow in happiness.

On the other hand, chasing various achievement by parents are also exacerbate to the children's health. Nowadays, except for school lessons, many children also need to attend different interest classes such as piano class. Parents want to cultivate a favorable hobby to increase their children's competitiveness for choosing a better college and getting into university. However, does it really work? I doubt. In other words, the side effects may do more harm than good of the expected. Owing to the excessive workload,





students do not have any motivation to learn or acquire the new knowledge, it would only exert pressure on them. In 2013, one child chose to commit suicide by jumping off from 38th floor due to the tremendous stress. It is a wake-up call for us to have a self-criticism that whether parents add too much burden on children. To deal with the health problem, parents should put a halt to their "monster" parenting, give children more freedom and let them have space to do what they really want to do.

All in all, parents arranging too many after-school classes and activities for their children would do more harm than good. To keep children grow healthily, parents should not arrange too many after-school classes and activities for their children.

Yours faithfully,  
Chris Wong



## A SHORT ARTICLE 6C CHAN PANG FUNG, CHRIS

### **Why art is an important part of my life**

Never shall I forget the first time I stood on the stage. "Enjoy" is what I felt during playing drama. Out of the stage, I lead a stressful life. "Spoon-fed" education and rote learning make me feel suffocated. However, when I do a drama, I can play various roles on the stage and live different lives. Drama is the primary means for me to release the stress. On the stage, I have unbelievable outpouring of confidence. I found self-esteem and satisfaction in drama. When I was playing drama, I felt like a pearl, shining on the stage. I hope to play drama on the world-stage, to keep my radiance shining, so drama has become the motivation of my life and a way to find myself. Drama is an important part of my life.

### **How I became interested in Drama**

Before I took up drama, I used to be a shy boy. Lack confidence and not dare talking with people. One day, our school's Student Union organized a "Drama Competition". The class teacher nominated me to play a part owing to my height. The main role required a short, emaciated boy and I satisfied all the requirements. Finally, I accepted the offer by no choice. However, the process of practise allowed me to make new friends. At last, we played a prominent performance and I found that I felt more than happy and relief while playing drama. As time went by and I kept stepping in different performance, I became interested in drama.

### **What did I get in drama**

Many people think that drama is just a game for naïve guys and it's wasting time due to the tremendous time of practice and we can't acquire anything after the shows. However, this claim is wrong. As far as I am concerned, I had no friend and felt lonely before I played in a drama. After that, I took up drama. Through the applause after we worked hard, I have gained confidence and self-esteem. It is the motivation that helps me tackle the knotty problems in my life. It's because I'm not alone. We are a team.



# A LETTER TO THE EDITOR 6C CHRIS CHENG

## **Hong Kong Should Promote Cycling as a Means for Transport.**

Dear Editor,

I am writing to point out the reasons why Hong Kong should promote cycling as a means for transport and suggest the government some solutions to make Hong Kong a more cyclist-friendly city. Nowadays, eco-friendly living style has become an inseparable element of city dwellers. However, the excessive amount of vehicles is causing unbearable pollution problem to our city. Therefore, it is necessary to emphasize the significance of cycling as a means of transport.

Due to the fact that putting cycling as a habit can lead people to better health and reduce pollutants to the environment, Hong Kong should promote cycling as a means of transport. It is widely recognized that doing sports can improve our respiratory system and increase the flexibility of our muscles. Ironically, people living in a city can hardly grasp a chance to play sports. As a result, letting cycling become a part of our lives can benefit people's health. Concerning the other problem that Hong Kong's air quality is considered 'dangerous' by foreign countries, it is our duty to improve the air quality. The everyday frequent traffic all over the city indicates the incredible number of cars owned by citizens in Hong Kong. If we can replace cars with bicycles, the air pollution problems will surely be alleviated. Therefore, the government can lead people to a healthier lifestyle and alleviate the pollution problems by promoting cycling as a way of transport.

The first way for the government to make Hong Kong a more cyclist-friendly city is to build more cycling tracks all over Hong Kong. Nowadays, cyclists find it hard to arrive to their destinations merely by riding a bicycle due to the lack of cycling tracks that travel through Hong Kong. Only by doing so can cyclists use their bicycles as a transport and arrive to their destinations conveniently.

The other method for the government is to educate citizens the advantages of replacing vehicles with bicycles. Some drivers feel annoyed and become furious when their paths are blocked or become slower by cyclists. Finally, cyclists are bombarded by the whole community as they are considered as a nuisance. To avoid this kind of social conflict, the government should instill the benefits of cycling to the general public when society realises that cycling can actually lead our city to a greener environment and that riding a bicycle as a transport can be beneficial to our health, the general public will be more open-minded and accept cycling as a means of transport.

Cycling can give us a better health and reduce pollutants released in the air. It can surely enhance the air



quality of Hong Kong. The government can make Hong Kong a more cyclist friendly city by inculcating general public the advantages of using cycling as a way of transport and also build more cycling tracks that give convenience to cyclists.

Yours faithfully,

Chris Wong



## INTERNSHIP 6C ANTHEA CHAN

Today's motion is "Joining a local internship is more advantageous than an overseas study tour during the summer holiday". I am the representative of the affirmative side. Our team totally agrees with the topic on the following two grounds:

First of all, local internship allows students to be able to experience a prospective career path. Exploring is a very important part of the academic process. Gaining a work experience is a great way for students to acquaint themselves with a field they are looking to learn about. For example, a student from hotel and tourism course can experience and benefit from working as a trainee in a hotel. By the time of graduation, the student has confidence that the degree he is receiving is the right one for him. As we know, people learn best by being hands on.

Secondly, local internship increases network with professionals in the industry that he is seeking access to. This is an opportunity to learn from everyone around him, ask questions and impress them, who can be his future colleagues or can be the connection to his first job.

Practice makes perfect. If you learn about a specific technique in the classroom, you are able to test it out in the world of work. Then, you will be much equipped with the technique. Does overseas study tour in summer holiday achieve the same results? The answer is absolutely "No". Even though you explore yourself and gain smart experience overseas, does the experience apply to local industries in which you are likely participating in future? Are the professionals and networks you meet overseas really helpful to your career? They just treat you as a foreigner or a tourist but not a student, a peer, a partner or a future colleague.

Apart from gaining practical experience and network, the attitude of a student attending overseas study tour in summer holiday is the more important factor that leads to its disadvantage. Most students just want to make new friends. However, the reality is that the culture difference, loneliness, high fees and living costs just cause them homesickness but no fruitful results. The figure was supported by a survey conducted by Shelby Winne, Concordia University in 2010, in which 60% students studying overseas in summer holiday suffered from homesick.

Some people may argue that local internship just aims to provide low-cost labors to employers. However, this situation also occurs in overseas study. Therefore, in view of the practicability and cost, our team totally support that "Joining a local internship is more advantageous than an overseas study tour during the summer holiday". Thank you.



# MEMORY LANE 6C CHU WING TUNG TIFFANY

## Art Room

I have already been a form six student. Remember my first day in school, I was curious about all the things around me, the place and the people. I always found the new challenge and obstacle in my school life. Art room is one of the places that is the most unforgettable. The old art room is amazing. We can find many different and new things during our lessons. The art room does give me a special meaning because I remember my art teacher Mr. Yeung, who gave me a lot of unforgettable experience. Although he was cool and made us feel nervous in his lesson, we found a lot of happiness in it. I remember one day, he shouted and punished me until 6pm, since I did not hand in his homework and art assignment. But after the punishment I knew that he used another way to encourage me and teach me to be a responsible student. Art room has the special meaning for me since it has many memories about my junior school life. I experienced many ups and downs there and Mr. Yeung is one of the reasons that I never forget this place. The most unforgettable place in the school – Art Room.

## Green Garden

Time flies, I have studied in this school for six years already. Remember that every Christmas party, school picnic or special event, we go to the Green Grass Garden to take some photos and record our memory. The Green Garden is the most important place for us, because it is full of our memory and happiness. I believe that this place is the most unforgettable part of all students. I have seen the graduate students taking photos and singing on the Green Grass Garden. When I saw that, I felt sad because I thought of all of them who missed the old day on school, whatever the life in school, the time being with friends or the working hard feeling in school. I think all of them missed those at that moment. For me, the green garden is full of our memory, whenever I miss my school life, I will remember the green garden and the old day I spend with my friends in this school. This school helps me to capture many unforgettable experiences. Although it is full of challenges and obstacles, I will never forget the place that reduces our stress, it is the brightest part of school – The Green Garden.



## A LETTER TO MRS LAM 6D LAU YUEN MEI, CLARE

Dear Mrs Lam,

I am writing on behalf of our class to report the poor behavior of the new classmate Peter Chan, who has given us many unpleasant experiences. We are all annoyed by him and cannot tolerate him anymore.

We have never imagined our new classmate being an insulting person. Peter always tells off-colour jokes in class. He enjoys making fun of others' appearance. Once, he said something like this to Mary, 'You are ugly, if not terrible! Haha!' Being insulted, Mary was embarrassed and she burst into tears immediately. She kept working on her work, trying not to give any response. It is really unacceptable. Not just Mary, but most of the classmates were teased by Peter. I am also one of the victims and I truly feel wronged. A good learning environment and atmosphere is necessary for all of the students. Therefore, I decided to report this case to you.

Besides telling off-colour jokes, Peter also speaks obscene language to others what our classmates are resisted to. During recess and lunch time, Peter walks around and finds some targets who look timid and speaks obscene language to them. Most of the classmates just turn a deaf ear to him and let him speak on his own. As we thought if we just ignored him, one day he might feel bored and stop disturbing us. Unfortunately, the situation turned worse. He is now speaking obscene language in front of the whole class. No one can even stop him. It seems that there are no rules in our class and everyone needs to comply with him. It is really ridiculous.

Yesterday, our class monitor asked him to talk more politely but he said he had the freedom of speech and could say anything he wanted. Our monitor and other classmates tried to explain to him that classmates' mutual respect is the key to building a good learning atmosphere and relationship. However, he neglected us and said 'It really sound absurd!' All of us were furious about it. He completely misinterpreted the meaning of the freedom of speech. We cannot tolerate him anymore.

Without the help of the teacher, getting rid of the problem of his misbehavior is virtually impossible. He will badly affect the learning atmosphere and pose a great threat to our class. Therefore, we hope you can investigate in this case. It is really a nightmarish experience for us.

Thank you for your kind attention and I am willing to cooperate with you if you have any question to ask. Being disturbed in class is the last thing any student wants. Hope Peter can correct his misbehavior and be friendly to us.

Yours sincerely,

Chris Wong



## INTERNSHIP 6D SOE HOI CHING

The motion for today's debate is "Joining a local internship is more advantageous than an overseas study tour during the summer holiday", which we totally agree. There're lots of negative thoughts in the mind of students regarding the summer internship, however it's the best way to spend your holidays. We firmly believe that its advantages must surpass the ones an overseas study tour brings to you.

In the first place, joining a local internship helps enrich your CV, which can help you get a job more easily in the future. Will you employ someone with no working experience if you're the employer? The answer is obvious. Today, more than ever, companies are unwilling to take risks when it comes to hiring. They would like to look for the right person by assessing the experience the applicants have and that's why internships are often seen as a recruitment tool. According to some internship statistics from the National Association of Colleges and Employers' Experiential Education Survey, 67.7% of interns were offered full time positions; 83.6% of these offers were accepted. If your resume is short of relevant work experience, cautious employers will see you as just another untested college student. Will you have trouble even trying to get an interview? Work experience is a bonus for a fresh college graduate. If one has spent a couple of months working with some companies during the holiday, it does help a lot. The reason is quite obvious. Company can save lots of costs on your training as you had the experience. Students with prior working knowledge are favored by the companies. Thus, internships provide opportunities for students to gain hands-on work experiences and this is something overseas study tours can't offer.

Besides, by joining a local internship, we can be well-informed about different career options. It is imperative for you to make up your mind about your future career and internships can help you with it. Most of the students are not sure about the work they want to do. Few of the students want counseling; few wants to end up in the hardcore jobs, and many of them want to work in the business industry like a bank. This is true not only for the business students, but for the engineering graduates as well. Working for a company as a summer intern gives you an insight into the nature of work that one gets while working. If one wants to pursue banking as one's career, then an internship in the field of banking can be very helpful to decide the career path. If you don't find the work interesting, you can just switch to other career options. It is definitely better for you to try it out if you're not sure if this is the right career for you. You can never find these in oversea study tours. These tours hardly offer you any information about the job. Internships are therefore short-term experiences that can let you evaluate your future career and find out if it's a career that will satisfy you.

Surely, I can understand the reason behind joining overseas study tours. People are encouraged to travel to different parts of the world and learn the most from the experiences. However, learning practical





concepts out of the classroom through internships can also help consolidate the knowledge you've learnt. It is more beneficial as you can brace for your future career, rather than learn different cultures which have nothing to do with your future career. School is more about learning theoretical concepts. Working as an intern gives you an opportunity to implement the classroom concepts for the real world projects. It can be seen as the pinnacle of your undergraduate education and give you the chance to use the skills you've learned in the classroom. It's a chance to prove the worth of your qualifications and to show that you can perform the role you've been given. You might not be paid on an internship; however, the learning involved can be of immense help for your future.

Also, overseas study tours are more expensive than joining an internship. Some may not afford such a high cost. Although there are some kinds of subsidies, not everyone can apply for it. Nevertheless, a paid internship is particularly beneficial, as it enables economically disadvantaged youth to participate. This is what overseas study tours can't offer.

Once again, we strongly believe local internships are more advantageous for students than an overseas study tour. The motion for today must stand.



# A LETTER TO THE EDITOR 6D LAU CHUN KIT JACKY

Dear Editor,

## Unlimited after-school classes and activities are no the panacea!

I am writing to express my concern over the issue of too many after-school classes and activities for the children. Obviously, Hong Kong is a hustling and bustling city where people here are accustomed to the fast-paced lifestyle. At the same time, children could not escape in this social trend because they are a part of the Hongkongers. Due to this reason, a lot of parents would like to improve their children as fast as possible to make sure their children have good abilities. It would, in contrast, add much stress to their children and kills their childhood of them. So, it has become a contentious issue and need much close scrutiny. In the following, I would like to share my views on this matter.

First and foremost, the after-school classes and activities can teach much more knowledge to the children. So many classes, such as drawing, swimming, languages from other countries, etc. could not be taught in the general school classes. Children could know extra knowledge in these activities. They would have the opportunity to know more new things at the early stage in their life. They could be much smarter and more creative as they know more than their peers. It makes them much easier to succeed or achieve some goals. In consideration of the advantages of the children's future, the parents are willing to welcome this sort of after-school classes.

Apart from the know-how after-school activities could bring to the children, it also brings an improvement to their mental growth. Different types of after-school classes or activities all need them to put their heart and time to participate. They perhaps should do the things they do not want to do. They will experience more challenges and know how to deal with the challenges. It would improve their willpower and have a better mindset in which have much of bravery. They could easily become down-to-earth persons and get achievements. It is therefore beneficial for their mental development.

In addition, it also improves their physical health. After-school activities, such as some sports activities, would let them have a better body. They will have much more time to exercise in daily life. Some social problems like short-sightedness and bad backbone shape will be solved as teenagers have less time to sit in front of the computers or play games from the electronic devices. It also makes sure they have a proper growth in their body.

Last but not least, after-school activities or classes could improve children's time management. Much more after-school activities and classes mean that they should use their time wisely to deal with the work.



It is extremely hard for them to deal with so much work at this age, but they could learn how to spend their time properly. Gradually, they could have a proper time management.

The above mentioned are advantages of after-school classes and activities, but the disadvantages also need our close concern and should not go unnoticed. I will share my views as follows:

To commence with, too much after-school classes or activities would kill children's childhood. As a teenager, I actually know that childhood is the happiest and the most valuable memory of most people. Everything we touch is an experience in the childhood which gives us the deep image, and it also shapes who we are. If the children have too many things to do in their childhood, they could not have a proper chance to play and to feel the happiest experience in childhood. The childhood would be killed and they are missing a part of important experience in their lives.

Moreover, their mental growth is susceptible and may be adversely affected by having too many after-school activities. It is too fast to shape them to get accustomed to society. They need relaxing time. Otherwise, they will totally forget the meaning of life and become a bookworm or a study machine. Worse still, they will get a lot of stress, which will affect their mental health. They could easily feel frustrated and disappointed when they have some mistakes. It is difficult to deal with the disadvantages this after-school work poses on children.

Furthermore, too many after-school classes or activities will affect the relationship with the children's family and friends. They should spend more time on participating the classes or activities. They would not have much time to play or interact with their peers. It will damage the relationship between them. They would feel lonely and perhaps have worse communication skills.

All in all, after-school classes and activities have its pros and cons. We should not overlook the advantages of this type of activities although it will also put some disadvantages to children. "Slow and steady wins the race", goes the old saying. We should not push the children too hard as it always brings more stress to children. Seeing both sides of the after-school classes and activities, children could have a proper improvement at knowledge and a relaxing daily life. It would be much more efficient to build the abilities of the children.

I would like to hear from other readers' on this issue.

Yours faithfully,  
Chris Wong



# MEMORY LANE 6D WONG HO LUN HORIS

## **The school gate**

The school gate was the first place that I saw and walked through into this school. I have experienced this for about five years but it was just like yesterday for me and us. We study, we play and we enjoy the day. Every day, we pass this school gate, but we might never notice it. The school gate has witnessed our growth in this school. Years ago, I was still a kid who always monkeyed around at the front of the school gate. When the lunch bell rang, we were always the first ones who walked out from school and had lunch in the restaurants next to our school. Time flies like an arrow. This school has already been established for 50 years. The school gate is the origin of school and it witnessed how our school has become 50 years old and it is just like our school's childhood sweetheart. It looks after our school and manages the people who want to get inside. For me, school is just like my mum and the gate is my grandma. Sometimes, I would be late to school and be punished for standing in front of the gate. Although she didn't tell me anything, I also felt that she was saying "Don't worry, boy. The time will pass by and you can get into my hug, the school".

## **The handball field**

Boys' hobbies often centre around two things – sports and online games. Go without saying, we can't play any online game in school. Therefore, the football field is our paradise from school. In the PE lesson, I'm always the first one who takes the football and runs to the handball field. Since that, school doesn't have a big football field, and so handball field is just like a smaller football field. We always enjoy playing football during PE lessons. I remember that once when we were playing football, Peter got hurt and need to go to hospital by ambulance. The blood which flowed in our hearts still reminded in the field and the rain can't rush it out too. Maybe that's because it has been dried and is difficult to wash away. Yet, it is a memory that we had played football here and sweat here. This is the most exciting thing we did in this school. I know that the school fellows who use this field in these 50 years will feel the same.



# A LETTER TO THE EDITOR 6E LUNG HIU KWONG RONALD

## Unlimited after-school classes and activities

Dear Editor,

I am writing to express my concern about whether it is good for children to have too many after-school classes and activities. It is always on the lips of Hong Kong people that children need to learn more languages, learn different sports and music so that they can get in a prestigious “Band One” school more easily; but also some news claim that it makes children feel stressed about those after-school classes and activities, so I would like to talk about the advantages and disadvantages of having after-school classes and what parents should do to mitigate the disadvantage.

First, children having after-school classes can let them get in a better school more easily. It is true that nowadays a lot of schools also care about whether the children have learnt any foreign language, know any sports or music. So having after-school classes is a way to let children get in a better school more easily.

Next, children having after-school classes can let them learn more and they can know what their interest is from those after-school classes. When children join the classes, children can learn more skills from there, such as football, handball or any music skills. When they are having those activities, children can also know more about what their interest is and spend more time on it.

So we have talked about the advantages of having after-school classes, but every coin has two sides. In the following, I would like to talk about the disadvantages of having after-school classes.

First, children having a lot of after-school classes will reduce their time for study. Nowadays, a lot of children need to have over 3 after-school classes every day. Some of them need to spend all day on it at weekends, so we can see that students will not have any time for study when they are having those classes. It is crystal clear that having a lot of after-school classes will reduce their time for study.

Next, having too many after-school classes will also reduce their time for playing. As I have just mentioned, children do not have any time to study, so they will not have the time to play either, and this would bring about more serious problems, such as stress or effects on health.

Then, for the parents, having too many after-school classes cost them a lot of money. The cost of every activity for children is not cheap. When children join 3 or more classes every day, it must cost a lot of money. It is also a disadvantage for parents to have their children having too many after-school classes.



Last, children having too many after-school classes will affect the relationship between parents and their children in the long term. As I have mentioned, children will feel stressed because of the after-school classes, so they will not feel happy when having those classes. When the children talk to their parents but parents do not listen to them or don't have any change after the talk, the relationship between children and their parents would turn bad. In short, having too many after-school classes will affect the relationship between parents and children.

All in all, we have talked about the advantages and disadvantages about having too many after-school classes and it is crystal clear that the disadvantages are much more than the advantages. So choosing the lesser of two evils, children having fewer classes may affect their future, but the health of children and the relationship of the family are also important. I think parents should talk with their children, let them choose what activities they like. Always listening to their children is equally always important. I would like to hear more about what other readers think.

Yours faithfully,  
Chris Wong



## **The Joy of being a teenager in Hong Kong**

Welcome everyone, today, I'm here to talk about the joys of being a teenager in Hong Kong. Maybe many of you are not really happy now. You may wonder how you would be happy when living under a lot of pressure, but let me tell you, you are so lucky to be a teenager in Hong Kong.

First, you can get 12-year free education the moment you were born. I know you may not be really enjoying your study, especially when having a lot of homework and exams, the thought of getting high scores in public exams in order to get into the university may also drives you crazy. However, when comparing to the teenagers in underdeveloped countries, you should be glad that you still have a chance to worry. Not every teenager in poor countries has the chance to go to school. Even they have chance, the environment of the school won't be ideal. But look at you, schools in Hong Kong are comfortable – big classrooms with air-conditioners, facilities and equipment – you really should be thankful to be a teenager in Hong Kong.

Second, you can live peacefully here, not to worry that your apartment was destroyed by bombs, or waking up by gun shots at midnight. Boys in some countries are forced to join the army in your ages, or younger. They have to leave their family, and become tools of the army. Otherwise, girls are captured or being assaulted by the force. You are probably complaining about the size of your house, or how hard it is to purchase an apartment when you grow up, when these thoughts even pop up in your mind again, remember many people in your ages so not even have a place to live in.

Last but not least, the next time when you complain about your parents not giving you freedom to choose the way you want to live, please do remember you already have freedom in many ways. You can surf the Internet and go to any websites you like without someone deleting your comments within a second. You can also go to the street and express your opinions against the government. When you are so used to these, you are most likely to forget not everyone gets this chance.

Good things are always happening in our life, you can complain all the time about what you don't have, but you can only be happy when you cherish what you have already had. Thank you.



# A LETTER TO THE EDITOR 6E POLLY YEUNG

## **Should the government build a sports hub in East Kowloon?**

Dear Editor,

I am writing to express my opinions on the plan of constructing a sport hub in East Kowloon. Nowadays, Hong Kong lacks support to the athletes who represent Hong Kong to participate in international competitions. Therefore, it is suggested that constructing a sport hub in East Kowloon can give a better training environment to athletes and give Hong Kong an edge to hold international competitions. However, I have strong reservation to it due to the lack of land in Hong Kong and the waste of money.

Firstly, constructing a sport hub in Hong Kong is inappropriate as it needs a big area in order to accommodate tremendous amount of spectators, sports venues and facilities. Besides, constructing a sport hub not only need the land for the hub, but also the related facilities, such as the transportation, recreational facilities or eateries, etc. Therefore, if we construct a sport hub, it will require lots of land. Given that land is precious and scarce in Hong Kong, there is a long waiting list for public housing and lots of grass-roots are living in a subdivided flat which is terrible in environment, how can we neglect the social problems and occupy the land to build sports facilities? There must be wiser use of land instead.

Moreover, constructing a sport hub is a waste of money. Given that constructing a sport hub needs lots of related facilities and workforce to support it, a large sum of money is needed on the operation, such as electricity fee, etc. If the needs in society are considerable and make use of the sport hub completely, the sport hub may even earn a profit. However, whether the sport hub is sustainable is doubtful. Taking the pier at East Kowloon as an example, the pier is nearly empty and the imperfect facilities also pose a negative effect on the reputation of Hong Kong. Hence, how can we be sure that the sport hub is beneficial to Hongkongers? Moreover, according to a survey, some sport venues in downtown of Hong Kong is often vacant and only a few people make the appointment. Hence, does the sport hub really get a tremendous demand? The answer must be no. When the sport hub constructs, it will become a waste of money and become a white elephant project.

It is argued that the sport hub can be utilized as a performance venue for the pop stars who come from all over the world and it can generate the profit by singers holding performance like those at the Hong Kong Coliseum. Indeed, if there are singers continuously holding campaigns or performances, the government can earn a lot of profits from it. However, how many times do these singers come to Hong Kong? The number is countable and supposes that the sport hub may get fully occupied in 15 days out of 365 days. How can a huge sport hub rely on these 15 days for profit? Therefore, the value of constructing





a sport hub is doubtful and the investment from the government will go in vain.

All in all, I have strong reservation about constructing a sport hub at East Kowloon due to the scarcity of land and a waste of money. It is suggested that the government should put in more effort on the social issues in Hong Kong rather than constructing a useless building.

Yours faithfully,  
Chris Wong



## A LETTER TO THE EDITOR 6E HELEN KOO

Dear Editor,

I am writing to express my concerns over the extra-curricular classes and activities students are forced to attend. Nowadays, due to the spoon-feeding education, students are provided with myriads of homework and are required to go to tutorial classes. They have to engage in different kinds of training lessons to strengthen their abilities, like communication skills, being able to play an instrument and some sports. However, under no circumstances should students be forced to participate in too many after-school activities by their parents because this will not only violate the core values of education, but it also increases the burden of students' lives.

The first and foremost reason has to do with the values of learning. In Hong Kong, even primary school students have to burn the midnight oil because of the tremendous amount of homework. A survey conducted by Hong Kong University indicates that more than 35% primary school students have the risks to suffer from emotional problems. Because some of the kids are often forced by their parents to attend 4 academic training classes, swimming classes, piano lessons and also courtesy classes. Students cannot have the freedom to choose what they want or what they like. Parents hover around them every day. This is not a right way to learn. Although the core value of education is to cultivate students' all round development, it should not be compulsory for them to learn and acquire new skills all the time. They need to have their own interests and learn to plan a study life for themselves.

Another reason has to do with the burden how much students can handle. Although Hong Kong is often said to be a fast-paced city, students do not need to experience the ruthlessness of society at such an early stage of their life. They will be too exhausted to complete so many tasks. Also, teenagers at that age are rebellious. If parents give them too many things to do, they may argue with their parents. Worse still, they may have fights with each other. Besides the fierce studying competition in the school, students may not have enough energy to deal with other activities. Hence, it is not advisable for parents to put too much emphasis on their extra-curricular activities.

It is argued that arranging more after-school classes brings more benefits to students as their academic results can be improved. However, to be frank, not all students can get excellent academic results with extra lessons. For instance, the students who got outstanding results in DSE, are self-disciplined. They are not like other students who always take part in many extra lessons. They have their own plans and do not need their parents to monitor them. It indicates that students need a well-managed schedule for their study and leisure time, not just a mountain of knowledge which may not be suitable for them. Therefore, parents should be more considerate and help their children relieve pressure.



All in all, it is unnecessary for parents to be tiger parents. Students are too young to cope with all the demands which parents give out. Parents need to consider more about their thoughts of students and understand what is truly good for them. If they learn to think twice before forcing their kids to take part in plenty of extra classes, students will finally realize the happiness of learning and immerse themselves in the studying.

Yours faithfully  
Chris Wong



